

Benjamin Shaffer MD
Dr.Shaffer@wosm.com

Professional Practice

Washington Orthopaedics and Sports Medicine (WOSM)
www.wosm.com

2021 K St., NW, Suite 516
Washington, DC 20006
(202) 833-1147 (phone)
(202) 296-2515 (fax)

5454 Wisconsin Ave., Suite 1000
Chevy Chase MD 20815
(301) 657-1997 (phone)
(301) 951-6160 (fax)

5215 Loughboro Rd., NW, Suite 200
Washington, DC 20016
(202) 787-5601 (phone)
(202) 787-5606 (fax)

Chief, Division of Sports Medicine
1992 - 2000
Department of Orthopaedic Surgery
Georgetown University Medical Center

Staff Orthopaedic Surgeon
1990 - 1992
Southern California Permanente Medical Group
Department of Orthopaedic Surgery
Los Angeles, CA

Hospital Privileges

John's Hopkins Sibley Memorial Hospital
Medstar Georgetown University Hospital
George Washington University Hospital
Bethesda Chevy Chase Surgery Center

Orthopaedic Training

Sports Medicine Fellowship
Kerlan-Jobe Orthopaedic Clinic
501 E. Hardy Street
Inglewood, California 90301
July 1989 – September 1990

Resident, Orthopaedic Surgery

The Hospital for Joint Diseases and Orthopaedic Institute
301 E. 17th Street
New York, NY 10003
July 1985 – June 1989

Intern, General Surgery

Mt. Sinai Medical Center
One Gustave Levy Place
New York, New York 10056
July 1984 – June 1985

Education**Doctor of Medicine**

University of Florida College of Medicine
Junior Honors Medical program
Gainesville, Florida
1980-1984

Bachelor of Science

University of Florida
Gainesville, Florida
1976-1980

Team Physician

- Orthopaedic Medical Consultant Washington Capitals NHL Hockey Team 2014
- Medical Director and Head Team Physician, Washington Capitals NHL Hockey Team 1999 - 2014
- Assistant Team Physician, Washington Wizards 2009 - 2014
- Medical Director and Head Team Physician Washington Nationals Baseball Club 2006 - 2008
- Head Team Physician, Washington Freedom Pro Women's Soccer 2001-2003
- Head Team Physician, Georgetown University Athletics 1992-2000
- Head Team Physician USBL Washington Congressionals 1997 – 1998
- Team Physician Holton-Arms School 1998 - 2007
- Team Physician - Maret School since 1999

Orthopaedic Consultant

- Canadian National Ballet, Kennedy Center, January 2013
- NHL Physician, 2010 Olympics, Vancouver, CA
- Frozen Four Verizon Center, April, 2009
- Orthopaedic Consultant PGA Golf Tour 1992-1998
- Energy Consultant PGA Championship, Avenel, MD, 2010
- Booz Allen Classic June 2006, Avenel MD

- President's Cup, PGA Tour, 9/20-9/25, 2005, RTJ, Manassas, Virginia
- Women's World Cup Summer 1999, 2003
- World Figure Skating Championships, DC, March 2003
- US Canoe/Kayak Slalom Team since 1994
- Arthrex, 2007 - 2008

MEMBERSHIPS

- Herodicus Society 2012 - present
- NHL Team Physician Society 1999 - present
Immediate Past President NHL Team Physician Society (2009 – 2012)
NHL Protective Equipment Subcommittee (July 2013 – present)
NHL EMR Subcommittee (July 2012 – present)
NHL Pharmacy Subcommittee (July 2013 – present)
Vice President, NHL Team Physician Society 2007 – 2009
Chairman, Education Program, NHL Team Physician Society 2006 - 2011
Member-at-Large - NHL Physicians Society Executive Committee 2004 - 2008
- American Academy of Orthopaedic Surgeons 1992 - present
- Arthroscopy Association of North America (AANA) 1997 - present
Member at Large, Board of Directors, AANA 2014- present
Chairman, Education Committee 2012 - 2014
Chairman, Communications Committee 2001-2004
Member, Communications Committee 1999 - 2003
Member, Education Committee - 2002 - 2008, 2011-present
Member, Nominating Committee - 2002, 2003
Member, International Committee - 2010
- American Orthopaedic Society for Sports Medicine 1997 – present
Member, AOSSM Public Relations Committee August 2013 - present
Member Council of Delegates, 2000 - 2009
Member, Education Committee - 2002 - 2008
- American Society of Shoulder and Elbow Surgeons 2000 – present
Associate Member, 2000-2004
Active Member 2004 - present
- Washington Orthopaedic Society 1996 - 2004

Certifications

- National Board of Medical Examiners, June 1984
- American Board of Orthopaedic Surgery, Part I July 1989
- American Board of Orthopaedic Surgery, Part II July 1992
- Recertification American Board of Orthopaedic Surgery, 2001, 2012

Honors/Awards

- Top Doctors, Washingtonian Magazine 2002, 2004, 2006, 2008, 2010, 2012, 2014
- Top Sports Medicine Experts, Washingtonian Magazine, January 2010, 2014

- Castle Connely Top Doctors, Orthopaedics 2003-2014
- Castle Connely Top Doctors, Sports Medicine, 2013
- Patients' Choice Awards, Top Doctor, Maryland 2012, 2013
- Patients' Choice Awards, Most Compassionate Doctor, 2013
- Washington Baltimore Top Doctors, Castle Connely 2012
- Top Doctors, Northern Virginia Magazine, 2010
- Who's Who in America, 2010
- Best Clinical Medicine Textbook, 2003, Awarded to Shoulder Arthroscopy, Editors Tibone, Savoie and Shaffer, Association of American Publishers
- Resident Research Award Paper, Washington Orthopaedic Society 1996, 1998
- Alonzo Neufeld Award for Scientific Research, Western Orthopaedic Association 1991
- University of Florida Hall of Fame 1980
- Magna Cum Laude, University of Florida, Gainesville 1980
- Phi Beta Kappa, University of Florida, Gainesville, 1980
- NIH Outstanding Summer Investigator 1979

Current Manuscripts in Preparation:

Arthroscopic Reconstruction for Bony Bankart Pathology
Sports Medicine and Arthroscopy Review

Arthroscopic Distal Clavicle Resection
AAOS

Arthroscopic Biceps Tenodesis

Recently Submitted unpublished manuscripts:

Biceps Tendinopathy of the Shoulder
Operative Techniques in Orthopaedic Surgery, 2nd Edition

Rotator Cuff Tears in the Throwing Athlete
In Injuries of the Throwing Shoulder
Sports Medicine and Arthroscopy Review

Peer Review Articles/Textbook Chapters

Rotator Cuff Repairs in Baseball Players
in Sports Medicine in Baseball
Lipincott Williams & Wilkins
2012

Arthroscopic Treatment of Biceps Tendinopathy

Benjamin Shaffer MD and JR Rudzki MD
Operative Techniques in Sports Medicine Surgery
Editor: Mark Miller MD and Sam Wiesel MD
Wolters Kluwer/Lippincott Williams and Wilkins, 2011

Arthroscopic Lateral Clavicle Resection

Benjamin S Shaffer MD and Jesse A. McCarron MD
Chapter 24, in Advanced Reconstruction of the Shoulder
American Shoulder and Elbow Surgeons
Editor Joseph D. Zuckerman MD
copyright 2007 AAOS

Viscosupplementation Therapy for Osteoarthritis.

Brockmeier SF, Shaffer BS.
Sports Med Arthrosc. 2006 Sep;14(3):155-62.

**Non-operative Treatment of Unicompartmental Arthritis of the Knee
In The Treatment of Unicompartmental Arthritis of the Knee**

Bryan T. Hanypsiak and Benjamin Shaffer MD
Orthopedic Clinics of North America
Editor Jack M. Bert MD
Volume 36, No. 4, pp. 401-411, October 2005

Basic Science Applications of Thermal Energy in Arthroscopic Surgery

Matthew J. Levine, MD and Benjamin Shaffer, MD
Sports Med Arthroscopy Rev.; Volume 13, Number 4, December 2005.

**Acute Fracture through an Intramedullary Stabilized Chronic Tibial Stress Fracture
in a Basketball Player: A Case Report and Literature Review**

Baublitz, Seth D. and Shaffer, Benjamin S.
AJSM Vol. 32, No. 8, pp. 1068-1072, December 2004.

Avoiding Complications in Arthroscopic Subacromial Space and Instability Surgery

Douoguih, Wiemi A. and Shaffer, Benjamin S.
Operative Techniques in Sports Medicine 12:91-98, 2004, Elsevier

Anatomia, funzione e potenziale di guarigione del menisco

Baublitz, S.D. and Shaffer B.S.
In Le Suture Meniscali
Guest Editor Giancarlo Puddu
Tecniche Chirurgiche in Orthopedia & Traumatologia
Volume II, Numero 1, Gennio/Aprile 2004, pp. 1-8.

Acute Shoulder Injuries

Shaffer, Benjamin and Baublitz, Seth
Section 2: Injuries of the Upper Extremity
Section Editor Ben Kibler

Orthopaedic Knowledge Update Sports Medicine #3
Editor James G. Garrick
American Orthopaedic Society for Sports Medicine, 2004.

Meniscal Surgery 2002 Update: Indications and Techniques for Resection, Repair and Replacement

Shaffer, Benjamin and Klimkiewicz, John
Instructional Course 105
Arthroscopy, Vol. 18, No.9 (November-December, Suppl 2), 2002, pp.14-25.

The Scientific Basis of Laser Energy

Shaffer, Benjamin
Clinics in Sports Medicine
Thermal Energy
Editor Orrin H. Sherman
Volume 21, No. 4, October 2002, pp. 585-598.
W B Saunders Company

Simulated Graft Recession in Endoscopic ACL reconstruction: Influence on Graft Strain

Benjamin Shaffer MD, Jason Nascone MD, and George Aguiar MD
The Journal of Knee Surgery
Vol 15, No. 3, Summer 2002, pp 141-149

Meniscus Transplantation: What's New

Shaffer, Benjamin
Journal of Musculoskeletal Medicine Q & A, Page 123
March 2001

Shoulder Arthroscopic Instability Surgery: Complications

Shaffer, Benjamin and Tibone, James E.
Clinics in Sports Medicine
October 1999

Painful Conditions of the AC Joint

Shaffer, Benjamin
Journal of the American Academy of Orthopaedic Surgery
Volume 7, No. 3, May/June 1998, pp.176-188

Preoperative sizing of meniscal allografts in meniscus transplantation.

Shaffer, Benjamin; Kennedy, Stuart; Klimkiewicz, John; Yao, Lawrence
Am J Sports Med. 2000 Jul-Aug; 28(4): 524-33.

Spondylolisthesis in the Elite Football Player: An Epidemiologic Study in the NCAA and NFL

Shaffer, Benjamin; Lauerma, William; Wiesel, Sam
The Journal of Spinal Disorders

Vol. 10, No. 5, pp. 365-370, 1997.

The Coracoacromial Ligament: Selective Release and Reattachment in Shoulder Impingement: A Cadaveric Study

Shaffer, Benjamin S.; Ferrero, Gregg A.; Evans, Brian
The Journal of Shoulder and Elbow Surgery
May/June 1997,

Common Elbow Problems: An Algorithmic Approach

Shaffer, Benjamin S.; O'Mara, Jay
The Journal of Musculoskeletal Medicine
March 1997, pp. 61-75.

Tips for Managing common elbow problems

Shaffer, Benjamin S.; O'Mara, Jay
The Journal of Musculoskeletal Medicine
April 1997, pp. 29-41.

Unusual Conditions of the Hand, Wrist and Elbow in Sports

Shaffer, Benjamin; Bogumill, George F. and Bradley, James
Clinics in Sports Medicine
April 1996

Shoulder Pain: When is it Impingement?

Shaffer, Benjamin and Tibone, James E.
The Journal of Musculoskeletal Medicine
April 1995, pp. 65-77

A Program for Managing Shoulder Impingement

Shaffer, Benjamin and Tibone, James E.
The Journal of Musculoskeletal Medicine
July 1995, pp. 37-41.

The Pullout Strength and Use of Tibial Interference Screws During Endoscopic ACL Reconstruction

Kao, John T.; Tibone, James E.; Shaffer, Benjamin
The American Journal of Knee Surgery
Volume 8, No. 2, Spring 1995

Principles of Rehabilitation Techniques in the patient Who Has Been Injured or Who Has Undergone Surgery

Shaffer, Benjamin S; Welsh, Thomas R., and Wiesel, Sam
Operative Techniques in Sports Medicine
Eds. David Drez, Jr., and Jesse C. DeLee
Guest Editor: Joseph S. Torg MD
Vol. 1, No. 3, July 1993

Infraspinatus Muscle-splitting Incision in Posterior Shoulder Surgery: An Anatomic and Electromyographic Study

Shaffer, Benjamin S., Conway, John, Jobe, Frank W., Kvitne, Ronald S.
Ronald S., and Tibone, James E.
American Journal of Sports Medicine
Vol. 22, No. 1, 1994

Graft-Tunnel Mismatch in Endoscopic Anterior Cruciate Ligament Reconstruction: A New Technique of Intra-articular Measurement and Modified Graft Harvesting

Shaffer, Benjamin; Gow, William; Tibone, James E.
Arthroscopy: The Journal of Arthroscopic and Related Surgery
9(6), 1993

Baseball Batting: An Electromyographic Study

Shaffer, Benjamin; Jobe, Frank W., Pink, Marilyn, and Perry, Jacquelin
Clinical Orthopaedics
Vol. 292, July 1993

Patellar Tendon Length Change after Anterior Cruciate Ligament Reconstruction Using the Mid-third Patellar Tendon

Shaffer, Benjamin and Tibone, James.
American Journal of Sports Medicine
Vol. 21, No. 3, 1993.

Frozen Shoulder: A Long-term Follow-up

Shaffer, Benjamin; Tibone, James E.; Kerlan, Robert K.
JBJS, Vol. 74-A, No. 5, June 1992

Elbow Arthroscopy

Shaffer Benjamin; Parisien, Serge
Surgical Rounds for Orthopaedics
Dec, 1989, pp. 13-17

Critical Review: Heterotopic Ossification in Total Hip Replacement

Shaffer, Benjamin
Bulletin of the Hospital for Joint Diseases and Orthopaedic Institute
Vol. 49, No. 1, 1989

Arthroscopic Management of Pyarthrosis of the Knee

Shaffer Benjamin; Parisien, Serge
Surgical Rounds for Orthopaedics
Vol. 2, No. 11, November 1988

Indications and Technique of Ankle Arthroscopy

Parisien, Serge; Shaffer, Benjamin
Surgical Rounds for Orthopaedics

Vol. 1, No. 4, April 1987

**Disease-associated fractures: Detection and Management in the Elderly
Geriatrics**

Present, David.; Shaffer, Benjamin

Vol. 45, No. 3, March 1990

Gas Gangrene: A Review

Present, D.; Meislin, Robert; Shaffer, Benjamin

Orthopaedic Review

Vol. 19, No. 4, April 1990

**Revision of a Loose Glenoid Component Facilitated by a Modular Humeral
Component: A Technical Note**

Shaffer B, Zuckerman J, Giordano C

Journal of Arthroplasty

Volume 5, Supplement, 1990

Arthroscopic Management of Pyarthrosis

Parisien, J. Serge, Shaffer, Benjamin

Clinical Orthopaedics and Related Research

No. 275, 243-247, February, 1992

Textbook Publications

The Shoulder

Orthopaedic Surgery: Principles of Diagnosis and Treatment.

Editors: Sam W. Wiesel, MD, John N. Delahay, MD, Wudbhav N. Sankar, MD and Brent B. Wiesel, MD.

Lippincott Williams & Wilkins

In publication, expected date 11/2010

Avoiding and Managing Complications in Meniscus Transplantation

Shaffer, Benjamin S. and Rudzki, JR

In: Complications in Knee and Shoulder Surgery: Management and Treatment Options for the Sports Medicine Orthopedist

Editors Robert J. Meislin and Jeffrey Halbrecht

Springer-Verlag London, ltd. 2009

**New Approaches to Diagnosis and Arthroscopic Management of Partial Thickness
Rotator Cuff Tears**

Rudzki, JR and Shaffer, Benjamin S.

Clinics in Sports Medicine Volume 27, Number 4

October 2008

Making the Transition from Mini-Open to All-Arthroscopic Repair

Shaffer, Benjamin

Editors: Jeff Abrams and Robert Bell

Springer Science+Business Media, LLC, 2008

Arthroscopic Repair of Full-Thickness Rotator Cuff Tears

Jeffrey Abrams MD and Benjamin Shaffer MD

Chapter 21, Section 4, in:

Orthopaedic Knowledge Update Shoulder and Elbow Edition 3

Editor Leesa M. Galatz

American Shoulder and Elbow Surgeons

Copyright 2008 AAOS

Rupture of the biceps tendon after arthroscopic thermal capsulorrhaphy.

Hanypsiak BT, Faulks C, Fine K, Malin E, Shaffer B, Connell M.

Arthroscopy. 2004 Jul;20 Suppl 2:77-9.

Sports Injuries to the Thoracolumbar Spine in Children and Adolescents

Lauerman, William C. and Shaffer, Benjamin S.

Orthopaedic Sports Medicine

Editors Jesse DeLee and David Drez

Publication Pending, 2000

The Shoulder and Elbow

Shaffer, Benjamin

Principles of Orthopaedic Medicine and Surgery

W B Saunders, 2001

Principles of Sports Medicine

Shaffer, Benjamin

Principles of Orthopaedic Medicine and Surgery

W B Saunders, 2001

Shaffer, Benjamin

The Knee and Leg, in

The Shoulder and Elbow, in

Principles of Orthopaedic Medicine and Surgery

W B Saunders, 2001

The Holmium: YAG Laser in Knee Arthroscopy

Shaffer, Benjamin

In: Operative Techniques in Orthopaedics

Ed Drez, David and DeLee, Jesse C.

The Use of Thermal Energy in Sports Medicine

Vol. 6, No.3, July 1998, pp. 147-153.

Sports Medicine

Shaffer, Benjamin

Chapter 7 in Essentials in Orthopaedics
Second Edition
Wiesel, S.; Delahay, J.
W B Saunders, 1997.

The Shoulder

Shaffer, Benjamin
Chapter 9 in Essentials in Orthopaedics
Second Edition
Wiesel, S.; Delahay, J.
W B Saunders, 1997.

The Elbow

Shaffer, Benjamin
Chapter 10 in Essentials in Orthopaedics
Second Edition
Wiesel, S.; Delahay, J.
W B Saunders, 1997.

Shoulder Impingement: Clinical Diagnosis and Management

Jobe, Frank W. and Shaffer, Benjamin S.
Upper Extremity Injuries in Athletes
Ed. F.W. Jobe
Mosby Publishers 1995

Impingement in the Athletes' Shoulder: An Overview

Jobe, Frank W.; Pink, Marilyn; Glousman, Ronald S.; McFarland, Edward;
Shaffer, Benjamin S.
Upper Extremity Injuries in Athletes
Ed. F.W. Jobe
Mosby Publishers 1995

Rehabilitation of the Post-injured/Post-operative Cervical Spine

Shaffer, Benjamin and Walsh, Mary Beth
Current Therapy in Sports Medicine
Third Edition
Torg and Shephard
Mosby
1995

Evaluation and Management of Pathologic Fractures

Present, David; Shaffer, Benjamin S.
Comprehensive Care of Orthopaedic Injuries in the Elderly
Ed. J. Zuckerman, Urban and Schwarzenberg, Publishers, Baltimore
1989

Journal Covers

Intra-articular Calcific Tendonitis of the Shoulder
Journal of Arthroscopy and Related Research
accepted for publication 2010

Textbook Editor

Guest Editor
Shoulder Problems in Athletes
Clinics in Sports Medicine
Volume 27, No. 4
W B Saunders
October 2008

Section Co-Editor
section 4: Arthroscopy
Orthopaedic Knowledge Update Shoulder and Elbow Edition 3
Editor Leesa M. Galatz
American Shoulder and Elbow Surgeons
Copyright 2008 AAOS

Co-editor
Operative Shoulder Arthroscopy (2004 Clinical Textbook of the Year)
Shaffer, Benjamin; Tibone, James E.; Savoie, Buddy
Springer-Verlag, NY
2003

Co-editor
Elbow and Shoulder Pain
Klimkiewicz, John J.; Shaffer, Benjamin S.; Wiesel, Sam W.
Second Edition
Matthew Bender and Company
2000

Invited Presentations

Cherry Blossom

AANA Specialty Day

Lecturer

- Examination of the athlete's shoulder.
- Management of AC Separations of the Shoulder
- Improving Shoulder Instability repair in the shoulder
- Evaluating and Treating SLAP tears

- **Internal Impingement of the shoulder**
- **The Role of Elbow Arthroscopy in the Throwing Athlete**

Annual Meeting of the Chilean Orthopaedic and Traumatology Society

November 22-24, 2012

Vina del Mar, Chile

Program Director, Shoulder Program Moderator

Arthroscopy Association of North America

31st Annual Fall Course

November 8 – 10, 2012

Phoenix, AZ

Panelist – Rotator Cuff Problems

Mid Atlantic Shoulder And Elbow Society Meeting

Washington, DC

10/5/12

Arthroscopic Anterior Stabilization

Masters Instructor

Arthroscopic Surgical Skills Course

Orthopaedic Learning Center

Rosemont, ILL

Sept 2012

Arthroscopic SLAP Repair

Masters Instructor

Arthroscopic Surgical Skills Course

Orthopaedic Learning Center

Rosemont, ILL

Sept 2012

Arthroscopic Treatment of Partial Rotator Cuff Tears

Masters Instructor

Arthroscopic Surgical Skills Course

Orthopaedic Learning Center

Rosemont, ILL

Sept 2012

Shoulder Stabilization in Hockey

Co-Chair, Keeping the Edge: Ice Hockey Sports Medicine 2012

Toronto, CA

August 2012

Acute Thigh Compartment Syndrome of the Thigh: Case Report and Literature Review

Herodicus Society

Greenbrier, WVA

July 2012

Shoulder Instability in the Hockey Athlete

Annual PHATS/NHL Meeting

Ft Lauderdale, FL

June, 2012

SLAP Tears: Evaluation and Management

SLARD Orthopaedic Meeting

Orlando, 2012

Challenges in Shoulder Instability - Panel Case Presentations

SLARP Orthopaedic Meeting

Orlando 2012

Surgical Treatment and Clinical Results for SLAP tears: How Far Should we push the indications?

AAOS Instructional Course 161

San Francisco, CA

2/8/2012

Patients with Multidirectional and Posterior Instability should be treated surgically: CON

Arthroscopy Association of North America Fall Course

Palm Desert, November 17-19, 2011

Biceps tendon disorders of the shoulder

TRIA Annual Conference "The Aging Athlete"

June 3rd-4th, 2011

Minneapolis, Minnesota

SLAP tears - evaluation and management

TRIA Annual Conference "The Aging Athlete"

June 3rd-4th, 2011

Minneapolis, Minnesota

Partial Thickness Cuff Tears

TRIA Annual Conference "The Aging Athlete"

June 3rd-4th, 2011

Minneapolis, Minnesota

SLAP Repairs: Pushing the Envelope, Technique and Outcome

AAOS Annual Meeting

2/18/2011

San Diego, CA

General Hip Pain and Hip Arthroscopy

Advanced Team Physician Course
December 9-12, 2010
Washington, DC

Cartilage Injuries of the Knee
Advanced Team Physician Course
December 9-12, 2010
Washington, DC

Fixing SLAP Tears – Yes
Advanced Team Physician Course
December 9-12, 2010
Washington, DC

Grade III AC Injury - Yes
Advanced Team Physician Course
December 9-12, 2010
Washington, DC

How to Improve Outcomes in Anterior Shoulder Stabilization
Arthroscopy Association of North America
November 18, 2010

Internal Impingement
Arthroscopy Association of North America
Instructional Course
May 22, 2010 Hollywood, FL

Arthroscopic Stabilization for Anterior Shoulder Instability
American Academy of Orthopaedic Surgeons
Instructional course 130
March 10, 2010; New Orleans, LA

Arthroscopic stabilization for Anterior Instability – Pearls and Pitfalls
Speaker and Course Co-Chair
28th Annual Cherry Blossom Orthopaedic Seminar
April 2009, Falls Church, VA

Arthroscopic Cuff Repair: principles and Tips in Your transition
Speaker and Course Co-Chair
28th Annual Cherry Blossom Orthopaedic Seminar
April 2009, Falls Church, VA

Management of Rotator Cuff Tears in Throwers
Sports Medicine and Baseball: Injury Prevention and Treatment
Speaker and Course Co-Chair
Jan 8-10, 2009; Washington, DC

Traumatic Anterior Instability
Course 101 Shoulder
Arthroscopy Association of North America
27th Fall Course
November 20, 2008; Phoenix, AZ

Operative Treatment of SLAP tears
Injuries to the Shoulder and Elbow in the Throwing Athlete
October 24-25, 2008, Las Vegas, NV

Neurovascular Problems in the Throwing Athlete
Injuries to the Shoulder and Elbow in the Throwing Athlete
October 24-25, 2008, Las Vegas, NV

The Adolescent Elbow
Injuries to the Shoulder and Elbow in the Throwing Athlete
October 24-25, 2008, Las Vegas, NV

Arthroscopic shoulder portal Anatomy and Tips
Speaker and Master Instructor
AANA OLC Shoulder Arthroscopy Course,
October 10-12, 2008; Rosemont IL

Arthroscopic Bankart Repair
Speaker and Master Instructor
AANA OLC Shoulder Arthroscopy Course
October 10-12, 2008; Rosemont IL

Basic Arthroscopic Rotator Cuff Repair
Speaker and Master Instructor
AANA OLC Shoulder Arthroscopy Course
October 10-12, 2008; Rosemont IL

Arthroscopic Management of Partial Thickness Rotator Cuff Tears
Speaker and Master Instructor
AANA OLC Shoulder Arthroscopy Course
October 10-12, 2008; Rosemont IL

The AC joint: New Concepts in Stabilization
Speaker and Master Instructor
AANA OLC Shoulder Arthroscopy Course
October 10-12, 2008; Rosemont IL

Shoulder Instability in the Contact/Collision Athlete
Moderator, Case Presentations
AOSSM/NHL Course: The Puck Stops Here: Comprehensive Management of
Hockey Injuries - Speaker and Course Co-Chairman

The Westin Michigan Avenue
August, 2008 Chicago, IL

Arthroscopic Rotator Cuff Repair: Rationale and Technique

Speaker and Course Co-Chair
27th Annual Cherry Blossom Orthopaedic Seminar
April 2008, Falls Church VA

Arthroscopic Stabilization in Anterior Instability: Indications, Pearls and Pitfalls

Speaker and Course Co-Chair
27th Annual Cherry Blossom Orthopaedic Seminar
April 2008, Falls Church VA

Contraindications to Arthroscopic Stabilization: When NOT to use the scope

Speaker and Course Director
9th Annual AAOS/AOSSM Sports Medicine Course: From Amateur to All-Star
Feb 7-10, 2008, Phoenix, AZ

Partial Cuff tears: When and How?

Speaker and Course Director
Annual AAOS/AOSSM Sports Medicine Course: From Amateur to All-Star
Feb 7-10, 2008, Phoenix, AZ

AC Joint Injuries; Treatment Rationale, techniques and tips

Speaker and Course Director
Annual AAOS/AOSSM Sports Medicine Course: From Amateur to All-Star
Feb 7-10, 2008, Phoenix, AZ

Management of Partial Cuff Tears in Throwers

Sports Medicine and Baseball: A Comprehensive Approach
Jan 3-5, 2008, St. Louis, MO

The Role of Elbow Arthroscopy in Throwers

Sports Medicine and Baseball: A Comprehensive Approach
Jan 3-5, 2008, St. Louis, MO

AANA Fall Course 2007

Surgical Treatment of Traumatic Shoulder Instability in Contact Athletes
Nov 1-3, 2007 Orlando Florida

AANA Fall Course 2007

Mini-Fellowship, Shoulder
Nov 1-3, 2007 Orlando Florida

Sports Medicine & Baseball: A Comprehensive Approach

AOSSM and MLBTPA

Chondral Injuries/OA and the Role of Viscosupplementation
October 19–21, 2007, Hollywood, California

Master Lecture: Update on Meniscus Transplant Allograft Transplantation
Arthroscopy Association of North America 26th Annual Meeting
April 26, 2007, San Francisco, CA

Non-operative treatment strategies for managing osteoarthritis of the knee – What are current options?

Instructional Course 303: Osteoarthritis of the Knee: What to Do and What Not to DO
Arthroscopy Association of North America 26th Annual Meeting
April 28, 2007, San Francisco, CA

Present Status on Meniscal Transplantation, Indications, Techniques and results
Speaker and Course Co-Chair
26th Annual Cherry Blossom Orthopaedic Seminar
April, 2007 Washington, DC

Allograft in Reconstructive Surgery, Safety and Efficacy .
Speaker and Course Co-Chair
26th Annual Cherry Blossom Orthopaedic Seminar
April, 2007 Washington, DC

How to Examine the Athlete's Shoulder
Speaker and Course Co-Chair
8th Annual AAOS/AOSSM Sports Medicine Course: From the Slopes to the Sidelines
March 14-18, 2007 Steamboat Springs, CO

Contraindications to Arthroscopic Stabilization: When NOT to Use the Scope
Speaker and Course Co-Chair
8th Annual AAOS/AOSSM Sports Medicine Course: From the Slopes to the Sidelines
March 14-18, 2007 Steamboat Springs, CO

Elbow Arthroscopy in the Throwing Athlete
Partial Cuff and PASTA Tears – What's a mother to do?
Speaker and Course Co-Chair
8th Annual AAOS/AOSSM Sports Medicine Course: From the Slopes to the Sidelines
March 14-18, 2007 Steamboat Springs, CO

Partial Cuff and PASTA Tears – What's a mother to do?
Speaker and Course Co-Chair
8th Annual AAOS/AOSSM Sports Medicine Course: From the Slopes to the Sidelines
March 14-18, 2007 Steamboat Springs, CO

Optimizing the Surgical Treatment of Traumatic Anterior Instability in Athletes
25th Fall Course
Arthroscopy Association of North America

November 9-11, 2006, Desert Springs, CA

Diagnostic elbow Arthroscopy: Set-Up, portals, Exam (Chairman, Elbow Arthroscopy Course)

25th Fall Course

Arthroscopy Association of North America

November 9-11, 2006, Desert Springs, CA

Meniscus Allograft Transplantation: Indications, Technique and Evidence Based Outcomes

25th Fall Course

Arthroscopy Association of North America

November 9-11, 2006, Desert Springs, CA

Transition from Open to Arthroscopic Rotator Cuff Repair

AAOS/ASES Completing the Transition from Open to Arthroscopic Rotator Cuff Tears

October 28, 2006, Philadelphia, PA

Arthroscopic Single Tendon Repair

AAOS/ASES Completing the Transition from Open to Arthroscopic Rotator Cuff Tears

October 28, 2006, Philadelphia, PA

Partial Thickness Rotator Cuff Tears

AAOS/ASES Completing the Transition from Open to Arthroscopic Rotator Cuff Tears

October 28, 2006, Philadelphia, PA

Meniscus Allografts: Advances, Risks and Benefits

Kaiser Permanente 14th Annual Update in Orthopaedics

Kaui, Hawaii, 7/24 – 7/28, 2006

Current Concepts in the Treatment of Posterolateral Instability of the Knee

Kaiser Permanente 14th Annual Update in Orthopaedics

Kaui, Hawaii, 7/24 – 7/28, 2006

Treatment of Knee Instability in the Pediatric patient

Kaiser Permanente 14th Annual Update in Orthopaedics

Kaui, Hawaii, 7/24 – 7/28, 2006

Advances with Implant Fixation Devices: Is there a significant difference?

Kaiser Permanente 14th Annual Update in Orthopaedics

Kaui, Hawaii, 7/24 – 7/28, 2006

Return to Play with Injury to the Cervical Spine

ICL 306: The Team Physician: Sideline Preparedness, Game Day Decisions, Course

Coordinator, AOSSM

July 2006 AOSSM, Hershey, PA

Course 306 Meniscal Allografts in 2006: Refining Roles, Optimizing Techniques

Speaker and Course Coordinator

25th Annual Meeting, AANA

May, 2006 Hollywood, Florida

New Surgical Interventions for the Shoulder

New Treatment for Sports Injuries, 23rd Annual Conference

American Association of Osteopathic Medicine

L'enfant Plaza, Washington, DC April 27, 2006

Meniscus Transplantation Update

Speaker and Course Co-Chair

25th Annual Cherry Blossom Orthopaedic Seminar

Washington DC April 8-9, 2006

Treating the Partial Rotator Cuff Tear

Speaker and Course Co-Chair

25th Annual Cherry Blossom Orthopaedic Seminar

Washington DC April 8-9, 2006

Avoiding Complications in Arthroscopic Shoulder Stabilization

Speaker and Course Co-Chair

25th Annual Cherry Blossom Orthopaedic Seminar

Washington DC April 8-9, 2006

The Frozen Shoulder: Unthawing and surgical technique

Speaker and Course Co-Chair

25th Annual Cherry Blossom Orthopaedic Seminar

April 8-9, 2006 Washington DC

Arthroscopic Shoulder Stabilization Pearls and Pitfalls

Speaker and Instructional Course Coordinator

AANA Annual Spring Meeting

May 2006 Hollywood, Florida

Meniscus Transplantation Update

Speaker and Instructional Course Coordinator

AANA Annual Spring Meeting

May 2006 Hollywood, Florida

Arthroscopic Bankart Repair: Patient Selection, Technique and Results

AANA Annual Fall Meeting

December 1-3, 2005 Phoenix, AZ

Meniscus Transplantation in 2005: Refining its Role

AANA Annual Fall Meeting

December 1-3, 2005 Phoenix, AZ

Rotator Cuff and Problems of the AC joint

Common Shoulder and Elbow Injuries: 56th Annual Meeting and Clinical Symposia
National Athletic Trainers' Association (NATA)
June 13, 2005 Indianapolis, IN

Accuracy of Intra-articular shoulder injections in Patients with Adhesive Capsulitis

AANA Annual Spring Meeting
5/12/05 Vancouver, CA

The Rotator Interval and the Overhead Athlete

AANA Annual Spring Meeting
5/12/05 Vancouver, CA

Undersurface Cuff Tears in the Overhead Athlete

Instructional Course 206: The Overhead Athlete, AANA Annual Spring Meeting, 5/13/05
Vancouver, CA

Indications and Techniques in Meniscus Transplantation

Speaker and Course Coordinator, Instructional Course 306: Meniscal Allografts in 2005:
Indications and Technique Options
AANA Annual Spring Meeting
5/13/05 Vancouver, CA

Case Presentations to the Experts – Shoulder

AANA Annual Spring Meeting
5/12/05 Vancouver, CA

Common Pediatric Sports Medicine Problems

Midlantic Regional Conference
Nurse Practitioner Association of Maryland
April 15, 2005 College Park, Maryland

Unthawing the Frozen Shoulder: Arthroscopic Management and Results

Speaker and Course Co-Chair
24th Annual Cherry Blossom Orthopaedic Seminar
4/8/05 – 4/10/05 Washington, DC

AC Separation: When to operate, what to do

Speaker and Course Co-Chair
24th Annual Cherry Blossom Orthopaedic Seminar
4/8/05 – 4/10/05 Washington, DC

The Labrum: What is normal, what is not

Speaker and Course Co-Chair
24th Annual Cherry Blossom Orthopaedic Seminar
4/8/05 – 4/10/05 Washington, DC

Meniscus transplantation: Where are we today?

Speaker and Course Co-Chair
24th Annual Cherry Blossom Orthopaedic Seminar
4/8/05 – 4/10/05 Washington, DC

Examination of the Athlete's Shoulder

AAOS/AOSSM 6th Annual AAOS/AOSSM Sports Medicine Course #3724
March 9-13, 2005 Steamboat Springs, CO

Shoulder Arthroscopy: Normal Findings, Anatomic Variants

AAOS/AOSSM 6th Annual AAOS/AOSSM Sports Medicine Course #3724
March 9-13, 2005 Steamboat Springs, CO

AC Joint Injuries and Treatment Rationale

AAOS/AOSSM 6th Annual AAOS/AOSSM Sports Medicine Course #3724
March 9-13, 2005 Steamboat Springs, CO

Distal Biceps Repair: Different Techniques

AAOS/AOSSM 6th Annual AAOS/AOSSM Sports Medicine Course #3724
March 9-13, 2005 Steamboat Springs, CO

Extra-articular Hip and Pelvis Injuries in Athletes

AAOS/AOSSM 6th Annual AAOS/AOSSM Sports Medicine Course #3724
March 9-13, 2005 Steamboat Springs, CO

Accuracy of Intra-Articular Shoulder Injections in Patients with Adhesive Capsulitis

American Shoulder and Elbow Surgeons
Specialty Day Open Meeting
2/25/05 Washington, DC

Update on Meniscus Repair Techniques

Arthroscopy Association of North America
Specialty Day
2/25/05 Washington, DC

Meniscus Transplantation: Current Status

Maryland Academy of Physician Assistants
Trends in Patient Management
10/26/04, Baltimore, MD

Meniscal Allograft: Indications and Results

AANA 23rd Fall Course
December 2-5, 2004 Palm Desert, CA

Accuracy of Intra-Articular Shoulder Injections in Patients with Adhesive Capsulitis

American Shoulder and Elbow Surgeons
21st Annual Closed Meeting
October 2, 2004 New York, New York

Examination of the Athletes' Shoulder

Speaker and Course Co-Chair, AAOS/AOSSM Advanced Surgery for the Athletes' Shoulder
Sept 19, 2004 Rosemont, ILL

Acromioclavicular Separation: When to Operate, What to do?

Speaker and Course Co-Chair, AAOS/AOSSM Advanced Surgery for the Athletes' Shoulder
Sept 19, 2004 Rosemont, ILL

Update on the Use of ECSW (Shock Waves) in Treating Tendinopathy of the Shoulder

Speaker and Course Co-Chair, AAOS/AOSSM Advanced Surgery for the Athletes' Shoulder
Sept 19, 2004 Rosemont, ILL

Update on Surgical Options in the Treatment of Shoulder Instability

Sports Medicine and Hockey
AOSSM/NHL Combined Course
August 27-29, 2004 Toronto, CA

Moderator and Reviewer, General Session

Scientific Session: Rotator Cuff
AOSSM 2004 Annual Meeting
June 24-27, 2004 Quebec City, Canada

The Rotator Interval: Functional Anatomy and Clinical Overview

Instructional Course 201: The Rotator Interval
AOSSM 2004 Annual Meeting
June 24-27, 2004 Quebec City, Canada

Meniscus transplantation: Where do we stand?

National Association of Athletic Trainers (NATA)
2004 NATA Annual Meeting
June 15, 2004 Baltimore, MD

Keys for Safe and Effective Arthroscopic Treatment of Adhesive Capsulitis

Speaker and Moderator, Shoulder Section Symposia I
Annual Fall Course
December 2004 Palm Desert, CA

Meniscal Allograft: Indications and Results

Annual Fall Course

December 2004 Palm Desert, CA

Elbow Arthroscopy: Introduction and Set-up

Annual Fall Course

December 2004 Palm Desert, CA

Meniscus transplantation: Current Status 2004

Instructional Course 105: Meniscus Surgery Update 2004: Resection, Repair and Replacement

AANA Annual Spring Meeting

4/22/04 Orlando, Florida

Extra-articular Hip and Pelvis Injuries in Athletes

5th Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

Meniscus Allograft Transplantation Techniques

5th Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

Examination of the Athlete's Shoulder

5th Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

Shoulder Arthroscopy: Normal Findings, Anatomic Variants

5th Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

AC Joint Injuries: Treatment Rationale

5th Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

Current Status of Meniscus Transplantation

Speaker and Course Co-Chair

23rd Annual Cherry Blossom Seminar

March 2004, Arlington, VA

AC Joint: Pathology, Direct and Indirect Arthroscopic Approaches

Speaker and Course Co-Chair

23rd Annual Cherry Blossom Seminar

March 2004, Arlington, VA

Normal, Variational and Pathologic Anatomy of the Labrum

Speaker and Course Co-Chair

23rd Annual Cherry Blossom Seminar

March 2004, Arlington, VA

Failed Arthroscopic stabilizations

Speaker and Course Co-Chair
23rd Annual Cherry Blossom Seminar
March 2004, Arlington, VA

Idiopathic Adhesive Capsulitis

AAOS Course
Arthroscopic and Open Techniques in Shoulder Surgery (Feb 6-8,2004)
Feb 8, 2004, Rosemont, IL

Meniscal Allografts: A Critical Analysis of Results

Course #101
AANA 22nd Fall Course
November 13-16, 2003 New Orleans, LA

Knee Course Chairman

AANA 22nd Fall Course
November 13-16, 2003 New Orleans, LA

Elbow Course Co-Chair

AANA 22nd Fall Course
November 13-16, 2003 New Orleans, LA

Diagnostic Elbow Arthroscopy

AANA 22nd Fall Course
November 13-16, 2003 New Orleans, LA

Evaluation and Treatment of the Athlete's Hip

Course Coordinator: Instructional Course #209
AOSSM 29th Annual Meeting
7/21/03 San Diego, CA

How to Run a Successful Sports Medicine Practice

Annual Young Sports Medicine Specialists Workshop
AOSSM 29th Annual Meeting
7/21/03 San Diego, CA

Non-Arthroplasty Treatment of the Arthritic Knee

Controversies in Joint Reconstruction
Sibley Memorial Hospital
5/3/03 Washington, DC

Shoulder Scientific Session

Moderator and Discussor
AANA 22nd Annual Meeting

April 4/24/03 Phoenix, AZ

Non-operative Approaches to Managing the Post-Menisectomy Arthritic Knee
Speaker and Course Coordinator, AANA 22nd Annual Meeting
Course #204: Post Meniscectomy: Unicompartamental Arthritis: Viscosupplementation
to Unicompartamental Arthroplasty
April 4/25/03 Phoenix, AZ

Meniscal Transplantation: Where do we stand in 2003?
AANA 22nd Annual Meeting
April 4/26/03 Phoenix, AZ

Treating the Painful AC Joint: Evaluation and Arthroscopic Management
Speaker and Course Co-Chairman
22nd Annual Cherry Blossom Seminar
March 28, 2003 Pentagon City, VA

Avoiding Complications in Instability Surgery
Speaker and Course Co-Chairman
22nd Annual Cherry Blossom Seminar
March 28, 2003 Pentagon City, VA

Meniscus Transplantation: Where Do We Stand in 2003?
Speaker and Course Co-Chairman
22nd Annual Cherry Blossom Seminar
March 28, 2003 Pentagon City, VA

Examination of the Athlete's Shoulder
AAOS/AOSSM Frontiers in Sports Medicine
3/12-16/2003 Steamboat Springs, CO

Avoiding Complications in Instability Surgery
AAOS/AOSSM Frontiers in Sports Medicine
3/12-16/2003 Steamboat Springs, CO

AC Joint Separation: When to Operate, What to Do?
AAOS/AOSSM Frontiers in Sports Medicine
3/12-16/2003 Steamboat Springs, CO

Diagnostic Elbow Arthroscopy: Set up, Portals, Exam
Arthroscopy Association of North America
Annual Fall Meeting
November 18, 2002

Coordinator and Speaker, Instructional Course Lecture
Meniscal Surgery 2002 Update: Indications and Techniques for Resection, Repair,
Regeneration, and Replacement

Arthroscopy Association of North America Annual Spring Meeting
4/25/02

Moderator, Shoulder General Session
21st Annual Cherry Blossom Seminar
Annual Spring Meeting
April 5 - 7th, 2002 Pentagon City, Virginia

Treating the Painful AC Joint: Evaluation and Arthroscopic Management
Speaker and Course Co-Chairman
21st Annual Cherry Blossom Seminar
April 5 - 7th, 2002 Pentagon City, Virginia

Anterior Instability: Open Repair Technique and Results
Speaker and Course Co-Chairman
21st Annual Cherry Blossom Seminar
April 5 - 7th, 2002 Pentagon City, Virginia

The Use of Small Intestine Submucosa in Rotator Cuff Tear Management
Speaker and Course Co-Chairman
21st Annual Cherry Blossom Seminar
April 5 - 7th, 2002 Pentagon City, Virginia
Moderator, Elbow Instability Session
American Shoulder and Elbow Society Annual Specialty Day Meeting
Feb 2001 Dallas, Texas

Avoiding Complications in Subacromial Space Surgery
Shoulder Arthroscopy Course
AANA 20th Fall Course
November 29 - December 2, 2001 San Antonio, Texas

Anatomy of the Labrum: Normal and Pathologic Patterns
AOSSM Comprehensive Surgery for the Athlete's Shoulder
Orthopaedic Learning Center
September 27-30th, 2001 Rosemont, Illinois

The Use of Small Intestine Submucosa in Rotator Cuff Tear Management
AOSSM Comprehensive Surgery for the Athlete's Shoulder
Orthopaedic Learning Center
September 27-30th, 2001 Rosemont, Illinois

The Torn Meniscus: Resection vs Repair
August 24, 2001
Sports Medicine and Hockey: A Summit for the NHL and Beyond
August 24th-26th, 2001 Toronto

Meniscus Transplantation: Current Concepts and Clinical Experience

University of Maryland Grand Rounds
3/22/01 Kernan Hospital, Baltimore, MD

Treating the Painful AC Joint: Evaluation and Arthroscopic Management

20th Annual Cherry Blossom Seminar
Speaker and Course Co-Chairman
April 6 - 8th, 2001 McLean, Virginia

Anterior Instability: Open Repair Technique and Results

Speaker and Course Co-Chairman
20th Annual Cherry Blossom Seminar
April 6 - 8th, 2001 McLean, Virginia

Complications in Shoulder Arthroscopy and How to Avoid Them

Speaker and Course Co-Chairman
20th Annual Cherry Blossom Seminar
April 6 - 8th, 2001 McLean, Virginia

Radiographic Imaging in Meniscal Allograft Reconstruction: A New Pre-operative Sizing Protocol Based on Bone Measurements

American Orthopaedic Society for Sports Medicine 26th Annual Meeting
Monday June 20, 2000 Sun Valley, Idaho

Complications, Pitfalls and pearls in Osteochondral Autograft Transplantation

Speaker and Course Co-Chairman
19th Annual Cherry Blossom Seminar
March 30th - April 2, 2000 McLean, Virginia

Use and Misuse of Thermal Energy in Treatment of Articular Cartilage

Speaker and Course Co-Chairman
19th Annual Cherry Blossom Seminar
March 30th - April 2, 2000 McLean, Virginia

Meniscus Transplantation: Results, Complications and Technical Pitfalls

Speaker and Course Co-Chairman
19th Annual Cherry Blossom Seminar
March 30th - April 2, 2000 McLean, Virginia

Complications in Shoulder Arthroscopy

Arthroscopy Association of North America
Shoulder Arthroscopy: Masters Course
Feb 18, 2000 Rosemont, Ill.

Common Sports Medicine Injuries in the Pediatric Athlete

1999 National Nurse Practitioner Symposium
November 11, 1999 Washington, DC

Pathophysiology and Clinical Problems of the Musculoskeletal System

Marymount University

August 9, 1999 Physical Therapy Division, Marymount University, Arlington, VA

Complications of Arthroscopic Shoulder Stabilization

18th Annual Cherry Blossom Seminar

March 26-28, 1999 Maclean, VA

Arthroscopic Rotator Cuff Repair

18th Annual Cherry Blossom Seminar

March 26-28, 1999 Maclean, VA

Preoperative Planning in Meniscal Allograft Reconstruction: Accuracy and Reliability of X-ray and MR Imaging

Shaffer, Benjamin; Yao, Lawrence; Kennedy, Stuart

American Academy of Orthopaedic Surgeons

2/8/99, Anaheim, California

The Effect of Graft Recession on Isometry in ACL Reconstruction

American Orthopaedic Society for Sports Medicine

24th Annual Meeting

7/12/98, Vancouver British Columbia, Canada

Common Causes of Shoulder Pain and Dysfunction in Adults

Doctors' Community Hospital

5/28/98 Lanham, Maryland

The Effect of Graft Recession on Isometry in ACL Reconstruction

Arthroscopy Association of North America

1998 Annual Meeting

5/2/98 Orlando, FL

Thermal Shrinkage in the Treatment of Shoulder Instabilities

17th Annual Cherry Blossom Seminar

April 17-19, 1998 Maclean, VA

Arthroscopic Rotator Cuff Repair

17th Annual Cherry Blossom Seminar

April 17-19, 1998 Maclean, VA

Current Concepts in Meniscus Transplantation

Hospital for Joint Diseases and Orthopaedic Institute

3/5/98 NY, NY

Meniscus Transplantation: Where are we now? Where are we going?

The Annual Moses Gellman Orthopedic Lecture

Maryland Orthopaedic Association

11/20/97, Mt Sinai Hospital, Baltimore, MD

Common Pediatric Sports Medicine Injuries
National Nurse Practitioner Conference Annual Symposium
11/12/97

Diagnostic Arthroscopy of the Knee and Arthroscopic Anatomy
AAOS Summer Institute
Sept 4, 1997, Washington, DC

Endoscopic ACL Reconstruction
AAOS Summer Institute
Sept 4, 1997, Washington, DC

Athletic Injuries of the Shoulder and Knee
Primary Care Orthopaedics Seminar
May 17, 1997, Georgetown University Medical Center at Ballston

Meniscus Transplantation - Indications, Outcome and the Future
1997 Southern Maryland Orthopaedic Conference
Holiday Inn Solomons Select
January 24, 1997, Solomons Island, MD

Sports Medicine and Radiologic Procedures
DC Society of Radiologic Technologists
December 16, 1996, Washington Hospital Center

The Stiff and Frozen Shoulder
Sports Medicine Grand Rounds, Johns Hopkins University
January, 1996, Baltimore, MD

The CA Ligament: Selective Release and Reattachment: A Cadaveric Study
Kerlan Jobe Orthopaedic Clinic
10th Annual Meeting of the Fellowship Alumni
July 12-13, 1996, Los Angeles, CA

Orthopaedic Injuries in Youth Soccer
Conference on Youth Soccer
1996 Virginia Youth Soccer Association Workshop
Hyatt Regency-Crystal City
January 26-27, 1996, Arlington, VA

Common Sports Medicine Injuries in the Pediatric Athlete
1995 National Nurse Practitioner Symposium
October 26, 1995, Arlington, VA

The Stiff Shoulder
AAOS Summer Institute

September 9-13, 1995, Boston, MA

Spondylolisthesis in the Elite Football Player: An Epidemiologic Study in the NCAA and NFL

Eastern Orthopaedic Association
October 13, 1994, Bermuda

Spondylolisthesis in the Elite Football Player: An Epidemiologic Study in the NCAA and NFL

American Academy of Orthopaedic Surgeons
July 1994, Orlando, FL

Anatomy of the Axillary Nerve: Relationship to Approaches for Rotator Cuff Repair

Eastern Orthopaedic Association
October 13, 1993, Orlando, FL

Anatomy of the Axillary Nerve: Relationship to Approaches for Rotator Cuff Repair

Mid America Orthopaedic Association
April 27, 1994, Bermuda

Revision Anterior Cruciate Ligament Reconstruction: Current Concepts

Grand Rounds, Hospital for Joint Diseases/Orthopaedic Institute
March 17, 1994, New York, NY

Arthroscopic Shoulder Anatomy

Southern Medical Association
May 14, 1993, Baltimore, MD

Sports Injuries of the Weekend Warrior

Symposium on Orthopaedics for Primary Practitioners
April 27, 1993, Mount Vernon Hospital

Common Sports Medicine Injuries

DC Athletic Trainers Association
April 19, 1993, Washington, DC

Evaluation and Management of Acute Sprains and Common Sports Injuries: Eighth Annual Clinical Update 1993

Orthopaedics: Essentials for Primary Care
November 6, 1993, Prince William Hospital Health Center

Intra-articular Measurement in Endoscopic ACL Reconstruction: A Modified Technique

American Orthopaedic Society for Sports Medicine
July 9, 1992, San Diego, CA

Infraspinatus Splitting Incision in Posterior Shoulder Surgery: An Anatomic and Electromyographic Study

American Society for Sports Medicine Trans-Pacific Meeting

January 23, 1991, Kauai, Hawaii

Infraspinatus Splitting Incision in Posterior Shoulder Surgery: An Anatomic and Electromyographic Study

American Shoulder and Elbow Meeting

March 10, 1991, Anaheim, California

Infraspinatus Splitting Incision in Posterior Shoulder Surgery: An Anatomic and Electromyographic Study

Western Orthopaedic Association (Los Angeles Chapter)

Phoenix, AZ, April 26, 1991

Infraspinatus Splitting Incision in Posterior Shoulder Surgery: An Anatomic and Electromyographic Study

American Academy of Orthopaedic Surgery Annual Meeting

February 25, 1992, Washington, DC

Patella Tendon Length Changes following ACL Reconstruction using Mid-Third Patellar Tendon

American Orthopaedic Society for Sports Medicine

July 9, 1991, Orlando, FL

Frozen Shoulder: A Long-Term Follow-up

American Academy of Orthopaedic Surgery

59th Annual Meeting

February 25, 1992, Washington, DC

The Frozen Shoulder

USC Alumni Faculty Meeting

USC School of Medicine

June 22, 1991, Los Angeles, CA

Frozen Shoulder: Evaluation and Management

Alumni Meeting

Hospital for Joint Diseases and Orthopaedic Institute

October 30, 1990 New York, NY

Baseball Batting: An Electromyographic Study

Western Orthopaedic Association Annual Meeting

October 1991, Tucson, AZ

Discussor/Moderator/Lab Instructor

Mini-Fellowship Instructor – Shoulder

AANA Fall Meeting
32nd Annual Fall Meeting
November 8-10, 2012.
Phoenix AZ

Master Instructor, Advanced Shoulder Course
AANA Orthopaedic Learning Center
Rosement ILL
Sept 2012

Moderator
Rotator Cuff Tear section
AANA Fall Meeting
31st Annual Spring Meeting

Lab Co-Chair and Lab Instructor, Shoulder Section
AANA Fall Meeting
30th Fall Course
November 18, 2011, Palm Desert, CA

Lab Instructor, Knee Section
AANA Fall Meeting
30th Fall Course
November 19, 2011, Palm Desert, CA

Mini-Fellowship Instructor – Shoulder
30th Fall Course
November 19, 2011, Palm Desert, CA

Mini-Fellowship Instructor – Shoulder
29th Fall Course
November 20, 2010
Phoenix, AZ

Mini-Fellowship Instructor – Shoulder
28th Fall Course
November 20, 2009 Palm Springs, CA

Mini-Fellowship Instructor – Shoulder
Arthroscopy Association of North America
27th Fall Course
November 20, 2008 Phoenix, AZ

Lab Instructor, Knee and Shoulder Section
AANA Fall Meeting
November 1-4, 2007 Orlando, Fl

Moderator

Rotator Cuff Tear Section
AOSSM Annual Meeting 2007
July 14, 2007 Calgary, CA

Co-Chairman Elbow/Wrist Session

AANA Fall meeting
2007 Phoenix, AZ

Chairman, Instructor, Elbow Lab

Arthroscopy Association of North America
2006 Fall Course
November 2006, Palm Desert, CA

Co-Moderator

Rotator Cuff Tears
AOSSM Annual Meeting 2006
July 1, 2006 Hershey, PA

Chairman, Knee Lab

AANA Annual Fall Meeting
December 1-3, 2005 Phoenix, AZ

Moderator

Impingement, Rotator Cuff and Miscellaneous
AAOS/AOSSM
6th Annual AAOS/AOSSM Sports Medicine Course #3724
March 9-13, 2005 Steamboat Springs, CO

Co-Moderator

Shoulder Problems of the Throwing Athlete
American Orthopaedic Society for Sports Medicine
Specialty Day
2/25/05 Washington, DC

Moderator/Discussor

Rotator Cuff Scientific Session
AANA Fall Meeting
4/22/04 Orlando, Florida

Moderator Shoulder Symposium – Fundamentals/Adhesive Capsulitis

AANA Fall Course
December 2004 Palm Desert, CA

Moderator and Reviewer, General Session

Shoulder Cuff Repair
AANA Annual Spring Meeting
4/22/04 Orlando, Florida

Chairman, Elbow Lab Course
AANA Fall Course
December 2004 Palm Desert, CA

Faculty, Knee Lab
AANA Fall Course
November, 2003, New Orleans, LA
Chairman, Elbow Lab Course
AANA Fall Course
November 2002 Palm Desert, CA

Hip Arthroscopy: Focus demonstration Moderator
AANA Fall Course
November 17, 2002 Palm Springs, CA

Knee Arthroscopy Support Faculty
AANA Fall Course
November 2002 Palm Springs, CA

Shoulder Arthroscopy Support Faculty
AANA Fall Course
November 2000 Palm Springs, CA

Knee Arthroscopy Support Faculty
AANA Fall Course
November 2000 Palm Springs, CA

Associate Master Instructor
The Masters Experience in Shoulder Arthroscopy
The Orthopaedic Learning Center
February 2000 Rosemont, IL

Shoulder Arthroscopy Support Faculty
AANA Fall Course
November 1999 San Diego, CA

Associate Master Instructor
The Masters Experience in Shoulder Arthroscopy
The Orthopaedic Learning Center
March 1999 Rosemont, IL

Assistant Instructor
The Masters Experience in Shoulder Arthroscopy
The Orthopaedic Learning Center
July 20-21, 1996 Rosemont, IL

Elbow Support Faculty
AANA Fall Course
November 1996 Palm Desert, CA

Ankle Support Faculty
AANA Fall Course
November 1996 Palm Desert, CA

Scientific Exhibits

Anterior Shoulder Repairs Using a Suture to Bone Anchor: Description of Technique and Clinical Results
AAOS Scientific Exhibit
March 7-11, 1991 Anaheim, CA

Poster Exhibits

MRI evaluation of patellar tendon obstruction in lateral meniscus transplantation.
Benjamin Shaffer, MD and Matt Jenkins, MD
E-Poster
AANA 2011 Spring Meeting, San Francisco

Preoperative Planning in Meniscal Allograft Reconstruction: Accuracy and Reliability of X-Ray and MR Imaging
Shaffer, Benjamin; Yao, Lawrence; Kennedy, Stuart
American Academy of Orthopaedic Surgeons
2/8/99 Anaheim, California

The Use of Interference Screws in Endoscopic Anterior Cruciate Ligament Reconstruction Surgery and Pullout Strength Analysis of Different Length Tibial Tunnel Interference Screws
Kao, John T.; Tibone, James E.; Lenihan, Michael; Shaffer, Benjamin; Cawley, Patrick; Stetson, William B.
American Academy of Orthopaedic Surgery
1992

Spondylolisthesis in the Elite Football Player: An Epidemiologic Study in the NCAA and NFL
Shaffer, Benjamin; Wiesel, Sam
Eastern Orthopaedic Association
October 1994 Bermuda

Resident Education Workshops:

Arthroscopic Meniscus Repair: The All-inside technique
May 25, 2002 Sibley Hospital Washington, DC

Arthroscopic Shoulder Surgery: Diagnostic and Reconstructive Arthroscopy Workshop

6/12/99 Georgetown University Medical Center

Arthroscopic Shoulder Surgery: Repair of the Rotator Cuff and Labrum

2/21/98 Georgetown University Medical Center

Videos

Intra-articular Calcific Tendonitis of the Shoulder: A Case Report

Journal of Arthroscopy and Related Research

accepted for publication 2010

Arthroscopic Cuff Repair Dual Row Technique

Journal of Arthroscopy and Related Research, 2009

Lateral Meniscus transplant: Surgical Technique

AAOS and AANA Website Technical Videos

AAOS Orthopaedic Surgery Video Library

2010

Adhesive Capsulitis: Evaluation and Arthroscopic Capsular Release

Benjamin Shaffer MD

AAOS Orthopaedic Surgery Video Library

Feb 2005

Endoscopic ACL Reconstruction Using Central Third Patellar Tendon

Shaffer, Benjamin

September 1997

Diagnostic Arthroscopy of the Knee and Arthroscopic Anatomy

Shaffer, Benjamin

September 1997

Endoscopic ACL Reconstruction: A Modified Technique

Shaffer, Benjamin; Gow, William; Lee, Y; Tibone, James E

AAOS Annual Meeting New Video Program Tape - 1993

AAOS Annual Meeting "1993 Favorites" - 1994

Infraspinatus-splitting Approach to the Posterior Shoulder

Pottoroff, Greg; Shaffer, Benjamin; Jobe, Frank; Tibone, James E.

AAOS Meeting, 1993

Anterior Capsulolabral Reconstruction, Including the Mitek-Modification in the Management of Shoulder Instability

Jobe, Frank; D'Allessandro, Don; Shaffer, Benjamin S.

AAOS Annual Meeting New Video Program Tape - 1991

AAOS Annual Meeting "1991 Favorites" -1992

Orthopaedic Examination of the Knee
Shaffer, Benjamin and Tibone, James E.
AAOS Annual Meeting New Video Program Tape - 1991

Web Authored Publications

Baseball Injury Prevention
From “Your Orthopaedic Connection”
American Academy of Orthopaedic Surgeons
August 2009
<http://orthoinfo.aaos.org/topic.cfm?topic=A00185>

Knee Arthroscopy
From “Your Orthopaedic Connection”
American Academy of Orthopaedic Surgeons
February 2008
<http://orthoinfo.aaos.org/topic.cfm?topic=A00299>

Rotator Cuff Repair
AANA Website
Date Published: 1/30/2009
<http://www.aana.org/members/index.aspx?tab=1&lang=English&pi=elPublic&l=1&mode=courseTopics&cid=202>

Service

Section contributor, Sports Medicine
Your Orthopaedic Connection
WWW.AAOS.ORG

Member, Technology Committee
ASES
2006-2008

COI PRP Committee Member (conflict of interest program reviewer)
AOSSM
2005 – 2007

Health Policy and Ethics Committee
2008 - 2012
AOSSM

Volunteer Reviewer
American Journal of Sports Medicine
Since 2005

Medical Director

Department of Physical Medicine and Rehabilitation
Georgetown University Medical Center
1997, 1998

Faculty Advisor

First Year Medical Students
Georgetown University School of Medicine
1994-2000

Faculty Representative

Athletic Advisory Board
Georgetown University , 1994-2000

Head Team Physician

Georgetown University
Athletic Department
1992 - 2000

Medical Center Library Committee

Georgetown University
1994-1998

Science in Our Lives Symposium

Georgetown University Medical Center
November 16, 1996

Patents

Intra-articular Measurement Device (IAD) US Patent #5,702,401
Intra-articular Screw-Holder US Patent #5,688,276

Medical Licenses

DC #19514
Virginia #0101058254
Maryland #D0054302