

**Benjamin Shaffer MD**  
[Dr.Shaffer@wosm.com](mailto:Dr.Shaffer@wosm.com)

**Practice**

2000-present

Washington Orthopaedics and Sports Medicine (WOSM)  
[www.wosm.com](http://www.wosm.com)

2021 K St., NW, Suite 516  
Washington, DC 20006  
(202) 833-1147 (phone)  
(202) 296-2515 (fax)

5454 Wisconsin Ave., Suite 1000  
Chevy Chase MD 20815  
(301) 657-1997 (phone)  
(301) 951-6160 (fax)

5215 Loughboro Rd., NW, Suite 200  
Washington, DC 20016  
(202) 787-5601 (phone)  
(202) 787-5606 (fax)

**Chief, Division of Sports Medicine**

1992 - 2000  
Department of Orthopaedic Surgery  
Georgetown University Medical Center

**Staff Orthopaedic Surgeon**

1990 - 1992  
Southern California Permanente Medical Group  
Department of Orthopaedic Surgery  
Los Angeles, CA

**Hospital/Surgery Center Privileges**

John's Hopkins Sibley Memorial Hospital  
Medstar Georgetown University Hospital  
George Washington University Hospital  
Bethesda Chevy Chase Surgery Center

**Orthopaedic Training**

**Sports Medicine Fellowship**

Kerlan-Jobe Orthopaedic Clinic (Los Angeles, CA)  
July 1989 – September 1990

**Orthopaedic Surgery Residency**

The Hospital for Joint Diseases and Orthopaedic Institute (NYU Affiliate)  
301 E. 17th Street  
New York, NY 10003  
July 1985 – June 1989

**General Surgery Internship**

Mt. Sinai Medical Center  
One Gustave Levy Place  
New York, New York 10056  
July 1984 – June 1985

**Education****Doctor of Medicine**

University of Florida College of Medicine  
Junior Honors Medical program  
Gainesville, Florida  
1980-1984

**Bachelor of Science**

University of Florida  
Gainesville, Florida  
1976-1980

**Team Physician**

- Consultant, Washington Capitals NHL Hockey Team 2015
- Medical Director and Head Team Physician, Washington Capitals NHL Hockey Team 1999 - 2014
- Assistant Team Physician, Washington Wizards 2009 - 2014
- Medical Director and Head Team Physician Washington Nationals Baseball Club 2006 - 2008
- Head Team Physician, Washington Freedom Pro Women's Soccer 2001-2003
- Head Team Physician, Georgetown University Athletics 1992-2000
- Head Team Physician USBL Washington Congressionals 1997 – 1998
- Team Physician Holton-Arms School 1998 - 2007
- Team Physician - Maret School since 1999

**Orthopaedic Consultant**

- Canadian National Ballet, Kennedy Center, January 2013
- NHL Physician, 2010 Olympics, Vancouver, CA
- Frozen Four Verizon Center, April, 2009
- Orthopaedic Consultant PGA Golf Tour 1992-1998
- Energy Consultant PGA Championship, Avenel, MD, 2010
- Booz Allen Classic June 2006, Avenel MD
- President's Cup, PGA Tour, 9/20-9/25, 2005, RTJ, Manassas, Virginia

- Women's World Cup Summer 1999, 2003
- World Figure Skating Championships, DC, March 2003
- US Canoe/Kayak Slalom Team since 1994
- Arthrex, 2007 - 2008

### **MEMBERSHIPS**

- Herodicus Society 2012 - present
- NHL Team Physician Society 1999 - present  
President NHL Team Physician Society 2009 – 2012  
Vice President, NHL Team Physician Society 2007 – 2009  
Chairman, Education Program, NHL Team Physician Society 2006 - 2011  
Member-at-Large - NHL Physicians Society Executive Committee 2004 - 2008
- American Academy of Orthopaedic Surgeons 1992 - present
- Arthroscopy Association of North America (AANA) 1997 - present  
Member at Large, Board of Directors, AANA 2014- present  
Chairman, Education Committee 2012 - 2014  
Chairman, Communications Committee 2001-2004  
Member, Communications Committee 1999 - 2003  
Member, Education Committee - 2002 - 2008, 2011-present  
Member, Nominating Committee - 2002, 2003  
Member, International Committee - 2010
- American Orthopaedic Society for Sports Medicine 1997 – present  
Member, AOSSM Public Relations Committee August 2013 - present  
Member Council of Delegates, 2000 - 2009  
Member, Education Committee - 2002 - 2008
- American Society of Shoulder and Elbow Surgeons 2000 – present  
Associate Member, 2000-2004  
Active Member 2004 - present
- Washington Orthopaedic Society 1996 - 2004

### **Certifications**

- Recertification American Board of Orthopaedic Surgery, 2001, 2012
- American Board of Orthopaedic Surgery, Part I July 1989
- American Board of Orthopaedic Surgery, Part II July 1992
- National Board of Medical Examiners, June 1984

### **Honors/Awards**

- Top Doctors, Washingtonian Magazine 2002, 2004, 2006, 2008, 2010, 2012, 2014
- Top Sports Medicine Experts, Washingtonian Magazine, January 2010, 2014
- Castle Connolly Top Doctors, Orthopaedics 2003-2014
- Castle Connolly Top Doctors, Sports Medicine, 2013
- Patients' Choice Awards, Top Doctor, Maryland 2012, 2013

- Patients' Choice Awards, Most Compassionate Doctor, 2013
- Washington Baltimore Top Doctors, Castle Connolly 2012
- Top Doctors, Northern Virginia Magazine, 2010
- Who's Who in America, 2010
- Best Clinical Medicine Textbook, 2003, Awarded to Shoulder Arthroscopy, Editors: Tibone, Savoie and Shaffer, Association of American Publishers
- Resident Research Award Paper, Washington Orthopaedic Society 1996, 1998
- Alonzo Neufeld Award for Scientific Research, Western Orthopaedic Association 1991
- University of Florida Hall of Fame 1980
- Magna Cum Laude, University of Florida, Gainesville 1980
- Phi Beta Kappa, University of Florida, Gainesville, 1980
- NIH Outstanding Summer Investigator 1979

### **Manuscripts in Preparation for 2015 Publication**

#### **Arthroscopic Distal Clavicle Resection: Optimizing Technique**

Advanced Reconstruction: Shoulder 2  
AAOS

#### **Arthroscopic Bony Bankart Repair**

The Shoulder: AANA Advanced Arthroscopic Surgical Techniques  
SLACK incorporated

#### **Arthroscopic Treatment of Biceps Tendinopathy**

*Operative Techniques in Orthopaedic Surgery, 2<sup>nd</sup> Edition*  
Wolters Kluwer Health

### **Peer Review Articles/Textbook Chapters**

#### **Rotator Cuff Tears in the Throwing Athlete**

In: Injuries of the Throwing Shoulder

Sports Med Arthrosc Rev

Volume 22, Number 2, June 2014

Wolters Kluwer Health Medical Research

Lippincott, Williams & Wilkins

[www.sportsmedarthro.com](http://www.sportsmedarthro.com)

#### **Rotator Cuff Repairs in Baseball Players**

In: Sports Medicine in Baseball

Lippincott Williams & Wilkins

2012

**Arthroscopic Treatment of Biceps Tendinopathy**

Benjamin Shaffer MD and JR Rudzki MD

Operative Techniques in Sports Medicine Surgery

Editor: Mark Miller MD and Sam Wiesel MD

Wolters Kluwer/Lippincott Williams and Wilkins, 2011

**Arthroscopic Lateral Clavicle Resection**

Benjamin S Shaffer MD and Jesse A. McCarron MD

Chapter 24, in Advanced Reconstruction of the Shoulder

American Shoulder and Elbow Surgeons

Editor Joseph D. Zuckerman MD

copyright 2007 AAOS

**Viscosupplementation Therapy for Osteoarthritis.**

Brockmeier SF, Shaffer BS.

Sports Med Arthrosc. 2006 Sep;14(3):155-62.

**Non-operative Treatment of Unicompartmental Arthritis of the Knee  
In The Treatment of Unicompartmental Arthritis of the Knee**

Bryan T. Hanypsiak and Benjamin Shaffer MD

Orthopedic Clinics of North America

Editor Jack M. Bert MD

Volume 36, No. 4, pp. 401-411, October 2005

**Basic Science Applications of Thermal Energy in Arthroscopic Surgery**

Matthew J. Levine, MD and Benjamin Shaffer, MD

Sports Med Arthroscopy Rev.; Volume 13, Number 4, December 2005.

**Acute Fracture through an Intramedullary Stabilized Chronic Tibial Stress  
Fracture in a Basketball Player: A Case Report and Literature Review**

Baublitz, Seth D. and Shaffer, Benjamin S.

AJSM Vol. 32, No. 8, pp. 1068-1072, December 2004.

**Avoiding Complications in Arthroscopic Subacromial Space and Instability  
Surgery**

Douoguih, Wiemi A. and Shaffer, Benjamin S.

Operative Techniques in Sports Medicine 12:91-98, 2004, Elsevier

**Anatomia, funzione e potenziale di guarigione del menisco**

Baublitz, S.D. and Shaffer B.S.

In Le Suture Meniscali

Guest Editor Giancarlo Puddu

Techniche Chirurgiche in Orthopedia & Traumatologia

Volume II, Numero 1, Gennio/Aprile 2004, pp. 1-8.

**Acute Shoulder Injuries**

Shaffer, Benjamin and Baublitz, Seth  
Section 2: Injuries of the Upper Extremity  
Section Editor Ben Kibler  
Orthopaedic Knowledge Update Sports Medicine #3  
Editor James G. Garrick  
American Orthopaedic Society for Sports Medicine, 2004.

**Meniscal Surgery 2002 Update: Indications and Techniques for Resection, Repair and Replacement**

Shaffer, Benjamin and Klimkiewicz, John  
Instructional Course 105  
Arthroscopy, Vol. 18, No.9 (November-December, Suppl 2), 2002, pp.14-25.

**The Scientific Basis of Laser Energy**

Shaffer, Benjamin  
Clinics in Sports Medicine  
Thermal Energy  
Editor Orrin H. Sherman  
Volume 21, No. 4, October 2002, pp. 585-598.  
W B Saunders Company

**Simulated Graft Recession in Endoscopic ACL reconstruction: Influence on Graft Strain**

Benjamin Shaffer MD, Jason Nascone MD, and George Aguiar MD  
The Journal of Knee Surgery  
Vol 15, No. 3, Summer 2002, pp 141-149

**Meniscus Transplantation: What's New**

Shaffer, Benjamin  
Journal of Musculoskeletal Medicine Q & A, Page 123  
March 2001

**Shoulder Arthroscopic Instability Surgery: Complications**

Shaffer, Benjamin and Tibone, James E.  
Clinics in Sports Medicine  
October 1999

**Painful Conditions of the AC Joint**

Shaffer, Benjamin  
Journal of the American Academy of Orthopaedic Surgery  
Volume 7, No. 3, May/June 1998, pp.176-188

**Preoperative sizing of meniscal allografts in meniscus transplantation.**

Shaffer, Benjamin; Kennedy, Stuart; Klimkiewicz, John; Yao, Lawrence  
Am J Sports Med. 2000 Jul-Aug; 28(4): 524-33.

**Spondylolisthesis in the Elite Football Player: An Epidemiologic Study in the NCAA and NFL**

Shaffer, Benjamin; Lauerman, William; Wiesel, Sam  
The Journal of Spinal Disorders  
Vol. 10, No. 5, pp. 365-370, 1997.

**The Coracoacromial Ligament: Selective Release and Reattachment in Shoulder Impingement: A Cadaveric Study**

Shaffer, Benjamin S.; Ferrero, Gregg A.; Evans, Brian  
The Journal of Shoulder and Elbow Surgery  
May/June 1997,

**Common Elbow Problems: An Algorithmic Approach**

Shaffer, Benjamin S.; O'Mara, Jay  
The Journal of Musculoskeletal Medicine  
March 1997, pp. 61-75.

**Tips for Managing common elbow problems**

Shaffer, Benjamin S.; O'Mara, Jay  
The Journal of Musculoskeletal Medicine  
April 1997, pp. 29-41.

**Unusual Conditions of the Hand, Wrist and Elbow in Sports**

Shaffer, Benjamin; Bogumill, George F. and Bradley, James  
Clinics in Sports Medicine  
April 1996

**Shoulder Pain: When is it Impingement?**

Shaffer, Benjamin and Tibone, James E.  
The Journal of Musculoskeletal Medicine  
April 1995, pp. 65-77

**A Program for Managing Shoulder Impingement**

Shaffer, Benjamin and Tibone, James E.  
The Journal of Musculoskeletal Medicine  
July 1995, pp. 37-41.

**The Pullout Strength and Use of Tibial Interference Screws During Endoscopic ACL Reconstruction**

Kao, John T.; Tibone, James E.; Shaffer, Benjamin  
The American Journal of Knee Surgery  
Volume 8, No. 2, Spring 1995

**Principles of Rehabilitation Techniques in the patient Who Has Been Injured or Who Has Undergone Surgery**

Shaffer, Benjamin S; Welsh, Thomas R., and Wiesel, Sam

Operative Techniques in Sports Medicine  
Eds. David Drez, Jr., and Jesse C. DeLee  
Guest Editor: Joseph S. Torg MD  
Vol. 1, No. 3, July 1993

**Infraspinatus Muscle-splitting Incision in Posterior Shoulder Surgery: An Anatomic and Electromyographic Study**

Shaffer, Benjamin S., Conway, John, Jobe, Frank W., Kvitne, Ronald S.  
Ronald S., and Tibone, James E.  
American Journal of Sports Medicine  
Vol. 22, No. 1, 1994

**Graft-Tunnel Mismatch in Endoscopic Anterior Cruciate Ligament Reconstruction: A New Technique of Intra-articular Measurement and Modified Graft Harvesting**

Shaffer, Benjamin; Gow, William; Tibone, James E.  
Arthroscopy: The Journal of Arthroscopic and Related Surgery  
9(6), 1993

**Baseball Batting: An Electromyographic Study**

Shaffer, Benjamin; Jobe, Frank W., Pink, Marilyn, and Perry, Jacquelin  
Clinical Orthopaedics  
Vol. 292, July 1993

**Patellar Tendon Length Change after Anterior Cruciate Ligament Reconstruction Using the Mid-third Patellar Tendon**

Shaffer, Benjamin and Tibone, James.  
American Journal of Sports Medicine  
Vol. 21, No. 3, 1993.

**Frozen Shoulder: A Long-term Follow-up**

Shaffer, Benjamin; Tibone, James E.; Kerlan, Robert K.  
JBJS, Vol. 74-A, No. 5, June 1992

**Elbow Arthroscopy**

Shaffer Benjamin; Parisien, Serge  
Surgical Rounds for Orthopaedics  
Dec, 1989, pp. 13-17

**Critical Review: Heterotopic Ossification in Total Hip Replacement**

Shaffer, Benjamin  
Bulletin of the Hospital for Joint Diseases and Orthopaedic Institute  
Vol. 49, No. 1, 1989

**Arthroscopic Management of Pyarthrosis of the Knee**



Shaffer Benjamin; Parisien, Serge  
Surgical Rounds for Orthopaedics  
Vol. 2, No. 11, November 1988

**Indications and Technique of Ankle Arthroscopy**

Parisien, Serge; Shaffer, Benjamin  
Surgical Rounds for Orthopaedics  
Vol. 1, No. 4, April 1987

**Disease-associated fractures: Detection and Management in the Elderly Geriatrics**

Present, David.; Shaffer, Benjamin  
Vol. 45, No. 3, March 1990

**Gas Gangrene: A Review**

Present, D.; Meislin, Robert; Shaffer, Benjamin  
Orthopaedic Review  
Vol. 19, No. 4, April 1990

**Revision of a Loose Glenoid Component Facilitated by a Modular Humeral Component: A Technical Note**

Shaffer B, Zuckerman J, Giordano C  
Journal of Arthroplasty  
Volume 5, Supplement, 1990

**Arthroscopic Management of Pyarthrosis**

Parisien, J. Serge, Shaffer, Benjamin  
Clinical Orthopaedics and Related Research  
No. 275, 243-247, February, 1992

**Textbook Publications**

**The Shoulder**

Orthopaedic Surgery: Principles of Diagnosis and Treatment.  
Editors: Sam W. Wiesel, MD, John N. Delahay, MD, Wudbhav N. Sankar, MD and Brent B. Wiesel, MD.  
Lippincott Williams & Wilkins  
In publication, expected date 11/2010

**Avoiding and Managing Complications in Meniscus Transplantation**

Shaffer, Benjamin S. and Rudzki, JR  
In: Complications in Knee and Shoulder Surgery: Management and Treatment Options for the Sports Medicine Orthopedist  
Editors Robert J. Meislin and Jeffrey Halbrecht  
Springer-Verlag London, ltd. 2009

**New Approaches to Diagnosis and Arthroscopic Management of Partial Thickness Rotator Cuff Tears**

Rudzki, JR and Shaffer, Benjamin S.  
Clinics in Sports Medicine Volume 27, Number 4  
October 2008

**Making the Transition from Mini-Open to All-Arthroscopic Repair**

Shaffer, Benjamin  
Editors: Jeff Abrams and Robert Bell  
Springer Science+Business Media, LLC, 2008

**Arthroscopic Repair of Full-Thickness Rotator Cuff Tears**

Jeffrey Abrams MD and Benjamin Shaffer MD  
Chapter 21, Section 4, in:  
Orthopaedic Knowledge Update Shoulder and Elbow Edition 3  
Editor Leesa M. Galatz  
American Shoulder and Elbow Surgeons  
Copyright 2008 AAOS

**Rupture of the biceps tendon after arthroscopic thermal capsulorrhaphy.**

Hanypsiak BT, Faulks C, Fine K, Malin E, Shaffer B, Connell M.  
Arthroscopy. 2004 Jul;20 Suppl 2:77-9.

**Sports Injuries to the Thoracolumbar Spine in Children and Adolescents**

Lauerman, William C. and Shaffer, Benjamin S.  
Orthopaedic Sports Medicine  
Editors Jesse DeLee and David Drez  
Publication Pending, 2000

**The Shoulder and Elbow**

Shaffer, Benjamin  
Principles of Orthopaedic Medicine and Surgery  
W B Saunders, 2001

**Principles of Sports Medicine**

Shaffer, Benjamin  
Principles of Orthopaedic Medicine and Surgery  
W B Saunders, 2001

Shaffer, Benjamin  
The Knee and Leg, in  
The Shoulder and Elbow, in  
Principles of Orthopaedic Medicine and Surgery  
W B Saunders, 2001

**The Holmium: YAG Laser in Knee Arthroscopy**

Shaffer, Benjamin

In: Operative Techniques in Orthopaedics

Ed Drez, David and DeLee, Jesse C.

The Use of Thermal Energy in Sports Medicine

Vol. 6, No.3, July 1998, pp. 147-153.

**Sports Medicine**

Shaffer, Benjamin

Chapter 7 in Essentials in Orthopaedics

Second Edition

Wiesel, S.; Delahay, J.

W B Saunders, 1997.

**The Shoulder**

Shaffer, Benjamin

Chapter 9 in Essentials in Orthopaedics

Second Edition

Wiesel, S.; Delahay, J.

W B Saunders, 1997.

**The Elbow**

Shaffer, Benjamin

Chapter 10 in Essentials in Orthopaedics

Second Edition

Wiesel, S.; Delahay, J.

W B Saunders, 1997.

**Shoulder Impingement: Clinical Diagnosis and Management**

Jobe, Frank W. and Shaffer, Benjamin S.

Upper Extremity Injuries in Athletes

Ed. F.W. Jobe

Mosby Publishers 1995

**Impingement in the Athletes' Shoulder: An Overview**

Jobe, Frank W.; Pink, Marilyn; Glousman, Ronald S.; McFarland, Edward;

Shaffer, Benjamin S.

Upper Extremity Injuries in Athletes

Ed. F.W. Jobe

Mosby Publishers 1995

**Rehabilitation of the Post-injured/Post-operative Cervical Spine**

Shaffer, Benjamin and Walsh, Mary Beth

Current Therapy in Sports Medicine

Third Edition

Torg and Shephard  
Mosby  
1995

**Evaluation and Management of Pathologic Fractures**

Present, David; Shaffer, Benjamin S.  
Comprehensive Care of Orthopaedic Injuries in the Elderly  
Ed. J. Zuckerman, Urban and Schwarzenberg, Publishers, Baltimore  
1989

**Journal Covers**

**Intra-articular Calcific Tendonitis of the Shoulder**

Journal of Arthroscopy and Related Research  
accepted for publication 2010

**Textbook Editor**

**Guest Editor**

**Shoulder Problems in Athletes**

Clinics in Sports Medicine  
Volume 27, No. 4  
W B Saunders  
October 2008

**Section Co-Editor**

section 4: Arthroscopy  
Orthopaedic Knowledge Update Shoulder and Elbow Edition 3  
Editor Leesa M. Galatz  
American Shoulder and Elbow Surgeons  
Copyright 2008 AAOS

**Co-editor**

**Operative Shoulder Arthroscopy** (2004 Clinical Textbook of the Year)

Shaffer, Benjamin; Tibone, James E.; Savoie, Buddy  
Springer-Verlag, NY  
2003

**Co-editor**

**Elbow and Shoulder Pain**

Klimkiewicz, John J.; Shaffer, Benjamin S.; Wiesel, Sam W.  
Second Edition  
Matthew Bender and Company  
2000

**Invited Presentations**

**Debater: Shoulder Dislocation: Slow Down Young Man (Pro/Con Debate)**

**Moderator: Anterior Instability Can Be Treated in a Collision Athlete without Failures**

3rd Annual Emerging Techniques in Orthopedics (ETO) symposium

Las Vegas, NV

December 5-7, 2013

**Moderator: Shoulder Instability: Hot to Get it Right the First Time**

**Mini Shoulder Fellowship Lab Instructor**

Arthroscopy Association of North America (AANA) Annual Fall Course

Las Vegas NV

November 7-9, 2013

**Optimizing Evaluation and Arthroscopic Stabilization of Posterior Shoulder Instability**

Co-Chair, Moderator and Lecturer

32<sup>nd</sup> Annual Cherry Blossom Seminar

April 5-7, 2013

Arlington, VA

**Pardon the Interruption: Clinical Case Challenges in Sports Medicine**

**Course Coordinator:** AANA/AOSSM Joint Symposium

Specialty Day AAOS, Chicago 3/23/2013

**Invited International Lecturer**

Annual Meeting of the Chilean Orthopaedic and Traumatology Society

November 22-24, 2012, Vina del Mar, Chile

- Examination of the athlete's shoulder.
- Management of AC Separations of the Shoulder
- Improving Shoulder Instability repair in the shoulder
- Evaluating and Treating SLAP tears
- Internal Impingement of the shoulder
- The Role of Elbow Arthroscopy in the Throwing Athlete

**Program Director, Shoulder Program Moderator**

Arthroscopy Association of North America

31<sup>st</sup> Annual Fall Course

November 8 – 10, 2012

Phoenix, AZ

**Panelist – Rotator Cuff Problems**

Mid Atlantic Shoulder And Elbow Society Meeting

Washington, DC

10/5/12

**Arthroscopic Anterior Stabilization**

Masters Instructor  
Arthroscopic Surgical Skills Course  
Orthopaedic Learning Center  
Rosemont, ILL  
Sept 2012

**Arthroscopic SLAP Repair**

Masters Instructor  
Arthroscopic Surgical Skills Course  
Orthopaedic Learning Center  
Rosemont, ILL  
Sept 2012

**Arthroscopic Treatment of Partial Rotator Cuff Tears**

Masters Instructor  
Arthroscopic Surgical Skills Course  
Orthopaedic Learning Center  
Rosemont, ILL  
Sept 2012

**Shoulder Stabilization in Hockey**

Co-Chair, Keeping the Edge: Ice Hockey Sports Medicine 2012  
Toronto, CA  
August 2012

**Acute Thigh Compartment Syndrome of the Thigh: Case Report and Literature Review**

Herodius Society  
Greenbrier, W VA  
July 2012

**Shoulder Instability in the Hockey Athlete**

Annual PHATS/NHL Meeting  
Ft Lauderdale, FL  
June, 2012

**SLAP Tears: Evaluation and Management**

SLARD Orthopaedic Meeting  
Orlando, 2012

**Challenges in Shoulder Instability - Panel Case Presentations**

SLARP Orthopaedic Meeting  
Orlando 2012

**Surgical Treatment and Clinical Results for SLAP tears: How Far Should we push the indications?**

AAOS Instructional Course 161

San Francisco, CA

2/8/2012

**Patients with Multidirectional and Posterior Instability should be treated surgically: CON**

Arthroscopy Association of North America Fall Course

Palm Desert, November 17-19, 2011

**Biceps tendon disorders of the shoulder**

TRIA Annual Conference "The Aging Athlete"

June 3rd-4th, 2011

Minneapolis, Minnesota

**SLAP tears - evaluation and management**

TRIA Annual Conference "The Aging Athlete"

June 3rd-4th, 2011

Minneapolis, Minnesota

**Partial Thickness Cuff Tears**

TRIA Annual Conference "The Aging Athlete"

June 3rd-4th, 2011

Minneapolis, Minnesota

**SLAP Repairs: Pushing the Envelope, Technique and Outcome**

AAOS Annual Meeting

2/18/2011

San Diego, CA

**General Hip Pain and Hip Arthroscopy**

Advanced Team Physician Course

December 9-12, 2010

Washington, DC

**Cartilage Injuries of the Knee**

Advanced Team Physician Course

December 9-12, 2010

Washington, DC

**Fixing SLAP Tears – Yes**

Advanced Team Physician Course

December 9-12, 2010

Washington, DC

**Grade III AC Injury - Yes**

Advanced Team Physician Course

December 9-12, 2010

Washington, DC

**How to Improve Outcomes in Anterior Shoulder Stabilization**

Arthroscopy Association of North America

November 18, 2010

**Internal Impingement**

Arthroscopy Association of North America

Instructional Course

May 22, 2010 Hollywood, FL

**Arthroscopic Stabilization for Anterior Shoulder Instability**

American Academy of Orthopaedic Surgeons

Instructional course 130

March 10, 2010; New Orleans, LA

**Arthroscopic stabilization for Anterior Instability – Pearls and Pitfalls**

Speaker and Course Co-Chair

28<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

April 2009, Falls Church, VA

**Arthroscopic Cuff Repair: principles and Tips in Your transition**

Speaker and Course Co-Chair

28<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

April 2009, Falls Church, VA

**Management of Rotator Cuff Tears in Throwers**

Sports Medicine and Baseball: Injury Prevention and Treatment

Speaker and Course Co-Chair

Jan 8-10, 2009; Washington, DC

**Traumatic Anterior Instability**

Course 101 Shoulder

Arthroscopy Association of North America

27<sup>th</sup> Fall Course

November 20, 2008; Phoenix, AZ

**Operative Treatment of SLAP tears**

Injuries to the Shoulder and Elbow in the Throwing Athlete

October 24-25, 2008, Las Vegas, NV

**Neurovascular Problems in the Throwing Athlete**

Injuries to the Shoulder and Elbow in the Throwing Athlete



October 24-25, 2008, Las Vegas, NV

**The Adolescent Elbow**

Injuries to the Shoulder and Elbow in the Throwing Athlete

October 24-25, 2008, Las Vegas, NV

**Arthroscopic shoulder portal Anatomy and Tips**

Speaker and Master Instructor

AANA OLC Shoulder Arthroscopy Course,

October 10-12, 2008; Rosemont IL

**Arthroscopic Bankart Repair**

Speaker and Master Instructor

AANA OLC Shoulder Arthroscopy Course

October 10-12, 2008; Rosemont IL

**Basic Arthroscopic Rotator Cuff Repair**

Speaker and Master Instructor

AANA OLC Shoulder Arthroscopy Course

October 10-12, 2008; Rosemont IL

**Arthroscopic Management of Partial Thickness Rotator Cuff Tears**

Speaker and Master Instructor

AANA OLC Shoulder Arthroscopy Course

October 10-12, 2008; Rosemont IL

**The AC joint: New Concepts in Stabilization**

Speaker and Master Instructor

AANA OLC Shoulder Arthroscopy Course

October 10-12, 2008; Rosemont IL

**Shoulder Instability in the Contact/Collision Athlete**

**Moderator, Case Presentations**

**AOSSM/NHL Course: The Puck Stops Here: Comprehensive Management of Hockey Injuries - Speaker and Course Co-Chairman**

The Westin Michigan Avenue

August, 2008 Chicago, IL

**Arthroscopic Rotator Cuff Repair: Rationale and Technique**

Speaker and Course Co-Chair

27<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

April 2008, Falls Church VA

**Arthroscopic Stabilization in Anterior Instability: Indications, Pearls and Pitfalls**

Speaker and Course Co-Chair

27<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

April 2008, Falls Church VA

**Contraindications to Arthroscopic Stabilization: When NOT to use the scope**

Speaker and Course Director

9<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course: From Amateur to All-Star

Feb 7-10, 2008, Phoenix, AZ

**Partial Cuff tears: When and How?**

Speaker and Course Director

Annual AAOS/AOSSM Sports Medicine Course: From Amateur to All-Star

Feb 7-10, 2008, Phoenix, AZ

**AC Joint Injuries; Treatment Rationale, techniques and tips**

Speaker and Course Director

Annual AAOS/AOSSM Sports Medicine Course: From Amateur to All-Star

Feb 7-10, 2008, Phoenix, AZ

**Management of Partial Cuff Tears in Throwers**

Sports Medicine and Baseball: A Comprehensive Approach

Jan 3-5, 2008, St. Louis, MO

**The Role of Elbow Arthroscopy in Throwers**

Sports Medicine and Baseball: A Comprehensive Approach

Jan 3-5, 2008, St. Louis, MO

**AANA Fall Course 2007**

Surgical Treatment of Traumatic Shoulder Instability in Contact Athletes

Nov 1-3, 2007 Orlando Florida

**AANA Fall Course 2007**

Mini-Fellowship, Shoulder

Nov 1-3, 2007 Orlando Florida

**Sports Medicine & Baseball: A Comprehensive Approach**

AOSSM and MLBTPA

Chondral Injuries/OA and the Role of Viscosupplementation

October 19-21, 2007, Hollywood, California

**Master Lecture: Update on Meniscus Transplant Allograft Transplantation**

Arthroscopy Association of North America 26<sup>th</sup> Annual Meeting

April 26, 2007, San Francisco, CA

**Non-operative treatment strategies for managing osteoarthritis of the knee –  
What are current options?**

Instructional Course 303: Osteoarthritis of the Knee: What to Do and What Not to DO

Arthroscopy Association of North America 26<sup>th</sup> Annual Meeting

April 28, 2007, San Francisco, CA

**Present Status on Meniscal Transplantation, Indications, Techniques and results**

Speaker and Course Co-Chair

26<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

April, 2007 Washington, DC

**Allograft in Reconstructive Surgery, Safety and Efficacy .**

Speaker and Course Co-Chair

26<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

April, 2007 Washington, DC

**How to Examine the Athlete's Shoulder**

Speaker and Course Co-Chair

8th Annual AAOS/AOSSM Sports Medicine Course: From the Slopes to the Sidelines

March 14-18, 2007 Steamboat Springs, CO

**Contraindications to Arthroscopic Stabilization: When NOT to Use the Scope**

Speaker and Course Co-Chair

8th Annual AAOS/AOSSM Sports Medicine Course: From the Slopes to the Sidelines

March 14-18, 2007 Steamboat Springs, CO

**Elbow Arthroscopy in the Throwing Athlete**

**Partial Cuff and PASTA Tears – What's a mother to do?**

Speaker and Course Co-Chair

8th Annual AAOS/AOSSM Sports Medicine Course: From the Slopes to the Sidelines

March 14-18, 2007 Steamboat Springs, CO

**Partial Cuff and PASTA Tears – What's a mother to do?**

Speaker and Course Co-Chair

8th Annual AAOS/AOSSM Sports Medicine Course: From the Slopes to the Sidelines

March 14-18, 2007 Steamboat Springs, CO

**Optimizing the Surgical Treatment of Traumatic Anterior Instability in Athletes**

25<sup>th</sup> Fall Course

Arthroscopy Association of North America

November 9-11, 2006, Desert Springs, CA

**Diagnostic elbow Arthroscopy: Set-Up, portals, Exam (Chairman, Elbow Arthroscopy Course)**

25<sup>th</sup> Fall Course

Arthroscopy Association of North America  
November 9-11, 2006, Desert Springs, CA

**Meniscus Allograft Transplantation: Indications, Technique and Evidence Based Outcomes**

25<sup>th</sup> Fall Course

Arthroscopy Association of North America  
November 9-11, 2006, Desert Springs, CA

**Transition from Open to Arthroscopic Rotator Cuff Repair**

AAOS/ASES Completing the Transition from Open to Arthroscopic Rotator Cuff Tears

October 28, 2006, Philadelphia, PA

**Arthroscopic Single Tendon Repair**

AAOS/ASES Completing the Transition from Open to Arthroscopic Rotator Cuff Tears

October 28, 2006, Philadelphia, PA

**Partial Thickness Rotator Cuff Tears**

AAOS/ASES Completing the Transition from Open to Arthroscopic Rotator Cuff Tears

October 28, 2006, Philadelphia, PA

**Meniscus Allografts: Advances, Risks and Benefits**

Kaiser Permanente 14<sup>th</sup> Annual Update in Orthopaedics  
Kauai, Hawaii, 7/24 – 7/28, 2006

**Current Concepts in the Treatment of Posterolateral Instability of the Knee**

Kaiser Permanente 14<sup>th</sup> Annual Update in Orthopaedics  
Kauai, Hawaii, 7/24 – 7/28, 2006

**Treatment of Knee Instability in the Pediatric patient**

Kaiser Permanente 14<sup>th</sup> Annual Update in Orthopaedics  
Kauai, Hawaii, 7/24 – 7/28, 2006

**Advances with Implant Fixation Devices: Is there a significant difference?**

Kaiser Permanente 14<sup>th</sup> Annual Update in Orthopaedics  
Kauai, Hawaii, 7/24 – 7/28, 2006

**Return to Play with Injury to the Cervical Spine**

ICL 306: The Team Physician: Sideline Preparedness, Game Day Decisions, Course Coordinator, AOSSM  
July 2006 AOSSM, Hershey, PA

**Course 306 Meniscal Allografts in 2006: Refining Roles, Optimizing Techniques**

Speaker and Course Coordinator

25<sup>th</sup> Annual Meeting, AANA

May, 2006 Hollywood, Florida

**New Surgical Interventions for the Shoulder**

New Treatment for Sports Injuries, 23<sup>rd</sup> Annual Conference

American Association of Osteopathic Medicine

L'enfant Plaza, Washington, DC April 27, 2006

**Meniscus Transplantation Update**

Speaker and Course Co-Chair

25<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

Washington DC April 8-9, 2006

**Treating the Partial Rotator Cuff Tear**

Speaker and Course Co-Chair

25<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

Washington DC April 8-9, 2006

**Avoiding Complications in Arthroscopic Shoulder Stabilization**

Speaker and Course Co-Chair

25<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

Washington DC April 8-9, 2006

**The Frozen Shoulder: Unthawing and surgical technique**

Speaker and Course Co-Chair

25<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar

April 8-9, 2006 Washington DC

**Arthroscopic Shoulder Stabilization Pearls and Pitfalls**

Speaker and Instructional Course Coordinator

AANA Annual Spring Meeting

May 2006 Hollywood, Florida

**Meniscus Transplantation Update**

Speaker and Instructional Course Coordinator

AANA Annual Spring Meeting

May 2006 Hollywood, Florida

**Arthroscopic Bankart Repair: Patient Selection, Technique and Results**

AANA Annual Fall Meeting

December 1-3, 2005 Phoenix, AZ

**Meniscus Transplantation in 2005: Refining its Role**

AANA Annual Fall Meeting  
December 1-3, 2005 Phoenix, AZ

**Rotator Cuff and Problems of the AC joint**

Common Shoulder and Elbow Injuries: 56<sup>th</sup> Annual Meeting and Clinical Symposia  
National Athletic Trainers' Association (NATA)  
June 13, 2005 Indianapolis, IN

**Accuracy of Intra-articular shoulder injections in Patients with Adhesive Capsulitis**

AANA Annual Spring Meeting  
5/12/05 Vancouver, CA

**The Rotator Interval and the Overhead Athlete**

AANA Annual Spring Meeting  
5/12/05 Vancouver, CA

**Undersurface Cuff Tears in the Overhead Athlete**

Instructional Course 206: The Overhead Athlete, AANA Annual Spring Meeting,  
5/13/05 Vancouver, CA

**Indications and Techniques in Meniscus Transplantation**

Speaker and Course Coordinator, Instructional Course 306: Meniscal Allografts in  
2005: Indications and Technique Options  
AANA Annual Spring Meeting  
5/13/05 Vancouver, CA

**Case Presentations to the Experts – Shoulder**

AANA Annual Spring Meeting  
5/12/05 Vancouver, CA

**Common Pediatric Sports Medicine Problems**

Midlantic Regional Conference  
Nurse Practitioner Association of Maryland  
April 15, 2005 College Park, Maryland

**Unthawing the Frozen Shoulder: Arthroscopic Management and Results**

Speaker and Course Co-Chair  
24<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar  
4/8/05 – 4/10/05 Washington, DC

**AC Separation: When to operate, what to do**

Speaker and Course Co-Chair  
24<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar  
4/8/05 – 4/10/05 Washington, DC

**The Labrum: What is normal, what is not**

Speaker and Course Co-Chair  
24<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar  
4/8/05 – 4/10/05 Washington, DC

**Meniscus transplantation: Where are we today?**

Speaker and Course Co-Chair  
24<sup>th</sup> Annual Cherry Blossom Orthopaedic Seminar  
4/8/05 – 4/10/05 Washington, DC

**Examination of the Athlete's Shoulder**

AAOS/AOSSM 6<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course #3724  
March 9-13, 2005 Steamboat Springs, CO

**Shoulder Arthroscopy: Normal Findings, Anatomic Variants**

AAOS/AOSSM 6<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course #3724  
March 9-13, 2005 Steamboat Springs, CO

**AC Joint Injuries and Treatment Rationale**

AAOS/AOSSM 6<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course #3724  
March 9-13, 2005 Steamboat Springs, CO

**Distal Biceps Repair: Different Techniques**

AAOS/AOSSM 6<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course #3724  
March 9-13, 2005 Steamboat Springs, CO

**Extra-articular Hip and Pelvis Injuries in Athletes**

AAOS/AOSSM 6<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course #3724  
March 9-13, 2005 Steamboat Springs, CO

**Accuracy of Intra-Articular Shoulder Injections in Patients with Adhesive Capsulitis**

American Shoulder and Elbow Surgeons  
Specialty Day Open Meeting  
2/25/05 Washington, DC

**Update on Meniscus Repair Techniques**

Arthroscopy Association of North America  
Specialty Day  
2/25/05 Washington, DC

**Meniscus Transplantation: Current Status**

Maryland Academy of Physician Assistants  
Trends in Patient Management  
10/26/04, Baltimore, MD

**Meniscal Allograft: Indications and Results**

AANA 23<sup>rd</sup> Fall Course

December 2-5, 2004 Palm Desert, CA

**Accuracy of Intra-Articular Shoulder Injections in Patients with Adhesive Capsulitis**

American Shoulder and Elbow Surgeons

21<sup>st</sup> Annual Closed Meeting

October 2, 2004 New York, New York

**Examination of the Athletes' Shoulder**

Speaker and Course Co-Chair, AAOS/AOSSM Advanced Surgery for the Athletes' Shoulder

Sept 19, 2004 Rosemont, ILL

**Acromioclavicular Separation: When to Operate, What to do?**

Speaker and Course Co-Chair, AAOS/AOSSM Advanced Surgery for the Athletes' Shoulder

Sept 19, 2004 Rosemont, ILL

**Update on the Use of ECSW (Shock Waves) in Treating Tendinopathy of the Shoulder**

Speaker and Course Co-Chair, AAOS/AOSSM Advanced Surgery for the Athletes' Shoulder

Sept 19, 2004 Rosemont, ILL

**Update on Surgical Options in the Treatment of Shoulder Instability**

Sports Medicine and Hockey

AOSSM/NHL Combined Course

August 27-29, 2004 Toronto, CA

**Moderator and Reviewer, General Session**

Scientific Session: Rotator Cuff

AOSSM 2004 Annual Meeting

June 24-27, 2004 Quebec City, Canada

**The Rotator Interval: Functional Anatomy and Clinical Overview**

Instructional Course 201: The Rotator Interval

AOSSM 2004 Annual Meeting

June 24-27, 2004 Quebec City, Canada

**Meniscus transplantation: Where do we stand?**

National Association of Athletic Trainers (NATA)

2004 NATA Annual Meeting

June 15, 2004 Baltimore, MD



**Keys for Safe and Effective Arthroscopic Treatment of Adhesive Capsulitis**

Speaker and Moderator, Shoulder Section Symposia I

Annual Fall Course

December 2004 Palm Desert, CA

**Meniscal Allograft: Indications and Results**

Annual Fall Course

December 2004 Palm Desert, CA

**Elbow Arthroscopy: Introduction and Set-up**

Annual Fall Course

December 2004 Palm Desert, CA

**Meniscus transplantation: Current Status 2004**

**Instructional Course 105: Meniscus Surgery Update 2004: Resection, Repair and Replacement**

AANA Annual Spring Meeting

4/22/04 Orlando, Florida

**Extra-articular Hip and Pelvis Injuries in Athletes**

5<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

**Meniscus Allograft Transplantation Techniques**

5<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

**Examination of the Athlete's Shoulder**

5<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

**Shoulder Arthroscopy: Normal Findings, Anatomic Variants**

5<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

**AC Joint Injuries: Treatment Rationale**

5<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course: The Athlete in 2004

April 1-4, 2004 Ponte Vedra Beach, FL

**Current Status of Meniscus Transplantation**

Speaker and Course Co-Chair

23<sup>rd</sup> Annual Cherry Blossom Seminar

March 2004, Arlington, VA

**AC Joint: Pathology, Direct and Indirect Arthroscopic Approaches**

Speaker and Course Co-Chair

23<sup>rd</sup> Annual Cherry Blossom Seminar

March 2004, Arlington, VA

**Normal, Variational and Pathologic Anatomy of the Labrum**

Speaker and Course Co-Chair

23<sup>rd</sup> Annual Cherry Blossom Seminar

March 2004, Arlington, VA

**Failed Arthroscopic stabilizations**

Speaker and Course Co-Chair

23<sup>rd</sup> Annual Cherry Blossom Seminar

March 2004, Arlington, VA

**Idiopathic Adhesive Capsulitis**

AAOS Course

Arthroscopic and Open Techniques in Shoulder Surgery (Feb 6-8,2004)

Feb 8, 2004, Rosemont, IL

**Meniscal Allografts: A Critical Analysis of Results**

Course #101

AANA 22<sup>nd</sup> Fall Course

November 13-16, 2003 New Orleans, LA

**Knee Course Chairman**

AANA 22<sup>nd</sup> Fall Course

November 13-16, 2003 New Orleans, LA

**Elbow Course Co-Chair**

AANA 22<sup>nd</sup> Fall Course

November 13-16, 2003 New Orleans, LA

**Diagnostic Elbow Arthroscopy**

AANA 22<sup>nd</sup> Fall Course

November 13-16, 2003 New Orleans, LA

**Evaluation and Treatment of the Athlete's Hip**

Course Coordinator: Instructional Course #209

AOSSM 29<sup>th</sup> Annual Meeting

7/21/03 San Diego, CA

**How to Run a Successful Sports Medicine Practice**

Annual Young Sports Medicine Specialists Workshop

AOSSM 29<sup>th</sup> Annual Meeting

7/21/03 San Diego, CA

**Non-Arthroplasty Treatment of the Arthritic Knee**

Controversies in Joint Reconstruction  
Sibley Memorial Hospital  
5/3/03 Washington, DC

**Shoulder Scientific Session**

Moderator and Discussor  
AANA 22<sup>nd</sup> Annual Meeting  
April 4/24/03 Phoenix, AZ

**Non-operative Approaches to Managing the Post-Meniscectomy Arthritic Knee**

Speaker and Course Coordinator, AANA 22<sup>nd</sup> Annual Meeting  
Course #204: Post Meniscectomy: Unicompartamental Arthritis:  
Viscosupplementation to Unicompartamental Arthroplasty  
April 4/25/03 Phoenix, AZ

**Meniscal Transplantation: Where do we stand in 2003?**

AANA 22<sup>nd</sup> Annual Meeting  
April 4/26/03 Phoenix, AZ

**Treating the Painful AC Joint: Evaluation and Arthroscopic Management**

Speaker and Course Co-Chairman  
22<sup>nd</sup> Annual Cherry Blossom Seminar  
March 28, 2003 Pentagon City, VA

**Avoiding Complications in Instability Surgery**

Speaker and Course Co-Chairman  
22<sup>nd</sup> Annual Cherry Blossom Seminar  
March 28, 2003 Pentagon City, VA

**Meniscus Transplantation: Where Do We Stand in 2003?**

Speaker and Course Co-Chairman  
22<sup>nd</sup> Annual Cherry Blossom Seminar  
March 28, 2003 Pentagon City, VA

**Examination of the Athlete's Shoulder**

AAOS/AOSSM Frontiers in Sports Medicine  
3/12-16/2003 Steamboat Springs, CO

**Avoiding Complications in Instability Surgery**

AAOS/AOSSM Frontiers in Sports Medicine  
3/12-16/2003 Steamboat Springs, CO

**AC Joint Separation: When to Operate, What to Do?**

AAOS/AOSSM Frontiers in Sports Medicine  
3/12-16/2003 Steamboat Springs, CO

**Diagnostic Elbow Arthroscopy: Set up, Portals, Exam**

Arthroscopy Association of North America  
Annual Fall Meeting  
November 18, 2002

**Coordinator and Speaker, Instructional Course Lecture**

Meniscal Surgery 2002 Update: Indications and Techniques for Resection, Repair, Regeneration, and Replacement  
Arthroscopy Association of North America Annual Spring Meeting  
4/25/02

**Moderator, Shoulder General Session**

21st Annual Cherry Blossom Seminar  
Annual Spring Meeting  
April 5 - 7<sup>th</sup>, 2002 Pentagon City, Virginia

**Treating the Painful AC Joint: Evaluation and Arthroscopic Management**

Speaker and Course Co-Chairman  
21st Annual Cherry Blossom Seminar  
April 5 - 7<sup>th</sup>, 2002 Pentagon City, Virginia

**Anterior Instability: Open Repair Technique and Results**

Speaker and Course Co-Chairman  
21st Annual Cherry Blossom Seminar  
April 5 - 7<sup>th</sup>, 2002 Pentagon City, Virginia

**The Use of Small Intestine Submucosa in Rotator Cuff Tear Management**

Speaker and Course Co-Chairman  
21st Annual Cherry Blossom Seminar  
April 5 - 7<sup>th</sup>, 2002 Pentagon City, Virginia

**Moderator, Elbow Instability Session**

American Shoulder and Elbow Society Annual Specialty Day Meeting  
Feb 2001 Dallas, Texas

**Avoiding Complications in Subacromial Space Surgery**

Shoulder Arthroscopy Course  
AANA 20<sup>th</sup> Fall Course  
November 29 - December 2, 2001 San Antonio, Texas

**Anatomy of the Labrum: Normal and Pathologic Patterns**

AOSSM Comprehensive Surgery for the Athlete's Shoulder  
Orthopaedic Learning Center  
September 27-30<sup>th</sup>, 2001 Rosemont, Illinois

**The Use of Small Intestine Submucosa in Rotator Cuff Tear Management**

AOSSM Comprehensive Surgery for the Athlete's Shoulder

Orthopaedic Learning Center  
September 27-30<sup>th</sup>, 2001 Rosemont, Illinois

**The Torn Meniscus: Resection vs Repair**

August 24, 2001

Sports Medicine and Hockey: A Summit for the NHL and Beyond

August 24<sup>th</sup>-26<sup>th</sup>, 2001 Toronto

**Meniscus Transplantation: Current Concepts and Clinical Experience**

University of Maryland Grand Rounds

3/22/01 Kernan Hospital, Baltimore, MD

**Treating the Painful AC Joint: Evaluation and Arthroscopic Management**

20<sup>th</sup> Annual Cherry Blossom Seminar

Speaker and Course Co-Chairman

April 6 - 8<sup>th</sup>, 2001 McLean, Virginia

**Anterior Instability: Open Repair Technique and Results**

Speaker and Course Co-Chairman

20<sup>th</sup> Annual Cherry Blossom Seminar

April 6 - 8<sup>th</sup>, 2001 McLean, Virginia

**Complications in Shoulder Arthroscopy and How to Avoid Them**

Speaker and Course Co-Chairman

20<sup>th</sup> Annual Cherry Blossom Seminar

April 6 - 8<sup>th</sup>, 2001 McLean, Virginia

**Radiographic Imaging in Meniscal Allograft Reconstruction: A New Pre-operative Sizing Protocol Based on Bone Measurements**

American Orthopaedic Society for Sports Medicine 26<sup>th</sup> Annual Meeting

Monday June 20, 2000 Sun Valley, Idaho

**Complications, Pitfalls and pearls in Osteochondral Autograft Transplantation**

Speaker and Course Co-Chairman

19<sup>th</sup> Annual Cherry Blossom Seminar

March 30<sup>th</sup> - April 2, 2000 McLean, Virginia

**Use and Misuse of Thermal Energy in Treatment of Articular Cartilage**

Speaker and Course Co-Chairman

19<sup>th</sup> Annual Cherry Blossom Seminar

March 30<sup>th</sup> - April 2, 2000 McLean, Virginia

**Meniscus Transplantation: Results, Complications and Technical Pitfalls**

Speaker and Course Co-Chairman

19<sup>th</sup> Annual Cherry Blossom Seminar

March 30<sup>th</sup> - April 2, 2000 McLean, Virginia

**Complications in Shoulder Arthroscopy**

Arthroscopy Association of North America

Shoulder Arthroscopy: Masters Course

Feb 18, 2000 Rosemont, Ill.

**Common Sports Medicine Injuries in the Pediatric Athlete**

1999 National Nurse Practitioner Symposium

November 11, 1999 Washington, DC

**Pathophysiology and Clinical Problems of the Musculoskeletal System**

Marymount University

August 9, 1999 Physical Therapy Division, Marymount University, Arlington, VA

**Complications of Arthroscopic Shoulder Stabilization**

18<sup>th</sup> Annual Cherry Blossom Seminar

March 26-28, 1999 Maclean, VA

**Arthroscopic Rotator Cuff Repair**

18<sup>th</sup> Annual Cherry Blossom Seminar

March 26-28, 1999 Maclean, VA

**Preoperative Planning in Meniscal Allograft Reconstruction: Accuracy and Reliability of X-ray and MR Imaging**

Shaffer, Benjamin; Yao, Lawrence; Kennedy, Stuart

American Academy of Orthopaedic Surgeons

2/8/99, Anaheim, California

**The Effect of Graft Recession on Isometry in ACL Reconstruction**

American Orthopaedic Society for Sports Medicine

24<sup>th</sup> Annual Meeting

7/12/98, Vancouver British Columbia, Canada

**Common Causes of Shoulder Pain and Dysfunction in Adults**

Doctors' Community Hospital

5/28/98 Lanham, Maryland

**The Effect of Graft Recession on Isometry in ACL Reconstruction**

Arthroscopy Association of North America

1998 Annual Meeting

5/2/98 Orlando, FL

**Thermal Shrinkage in the Treatment of Shoulder Instabilities**

17<sup>th</sup> Annual Cherry Blossom Seminar

April 17-19, 1998 Maclean, VA

**Arthroscopic Rotator Cuff Repair**

17<sup>th</sup> Annual Cherry Blossom Seminar  
April 17-19, 1998 Maclean, VA

**Current Concepts in Meniscus Transplantation**

Hospital for Joint Diseases and Orthopaedic Institute  
3/5/98 NY, NY

**Meniscus Transplantation: Where are we now? Where are we going?**

The Annual Moses Gellman Orthopedic Lecture  
Maryland Orthopaedic Association  
11/20/97, Mt Sinai Hospital, Baltimore, MD

**Common Pediatric Sports Medicine Injuries**

National Nurse Practitioner Conference Annual Symposium  
11/12/97

**Diagnostic Arthroscopy of the Knee and Arthroscopic Anatomy**

AAOS Summer Institute  
Sept 4, 1997, Washington, DC

**Endoscopic ACL Reconstruction**

AAOS Summer Institute  
Sept 4, 1997, Washington, DC

**Athletic Injuries of the Shoulder and Knee**

Primary Care Orthopaedics Seminar  
May 17, 1997, Georgetown University Medical Center at Ballston

**Meniscus Transplantation - Indications, Outcome and the Future**

1997 Southern Maryland Orthopaedic Conference  
Holiday Inn Solomons Select  
January 24, 1997, Solomons Island, MD

**Sports Medicine and Radiologic Procedures**

DC Society of Radiologic Technologists  
December 16, 1996, Washington Hospital Center

**The Stiff and Frozen Shoulder**

Sports Medicine Grand Rounds, Johns Hopkins University  
January, 1996, Baltimore, MD

**The CA Ligament: Selective Release and Reattachment: A Cadaveric Study**

Kerlan Jobe Orthopaedic Clinic  
10th Annual Meeting of the Fellowship Alumni  
July 12-13, 1996, Los Angeles, CA

**Orthopaedic Injuries in Youth Soccer**

Conference on Youth Soccer  
1996 Virginia Youth Soccer Association Workshop  
Hyatt Regency-Crystal City  
January 26-27, 1996, Arlington, VA

**Common Sports Medicine Injuries in the Pediatric Athlete**

1995 National Nurse Practitioner Symposium  
October 26, 1995, Arlington, VA

**The Stiff Shoulder**

AAOS Summer Institute  
September 9-13, 1995, Boston, MA

**Spondylolisthesis in the Elite Football Player: An Epidemiologic Study in the NCAA and NFL**

Eastern Orthopaedic Association  
October 13, 1994, Bermuda

**Spondylolisthesis in the Elite Football Player: An Epidemiologic Study in the NCAA and NFL**

American Academy of Orthopaedic Surgeons  
July 1994, Orlando, FL

**Anatomy of the Axillary Nerve: Relationship to Approaches for Rotator Cuff Repair**

Eastern Orthopaedic Association  
October 13, 1993, Orlando, FL

**Anatomy of the Axillary Nerve: Relationship to Approaches for Rotator Cuff Repair**

Mid America Orthopaedic Association  
April 27, 1994, Bermuda

**Revision Anterior Cruciate Ligament Reconstruction: Current Concepts**

Grand Rounds, Hospital for Joint Diseases/Orthopaedic Institute  
March 17, 1994, New York, NY

**Arthroscopic Shoulder Anatomy**

Southern Medical Association  
May 14, 1993, Baltimore, MD

**Sports Injuries of the Weekend Warrior**

Symposium on Orthopaedics for Primary Practitioners  
April 27, 1993, Mount Vernon Hospital



**Common Sports Medicine Injuries**

DC Athletic Trainers Association

April 19, 1993, Washington, DC

**Evaluation and Management of Acute Sprains and Common Sports Injuries:  
Eighth Annual Clinical Update 1993**

Orthopaedics: Essentials for Primary Care

November 6, 1993, Prince William Hospital Health Center

**Intra-articular Measurement in Endoscopic ACL Reconstruction: A Modified  
Technique**

American Orthopaedic Society for Sports Medicine

July 9, 1992, San Diego, CA

**Infraspinatus Splitting Incision in Posterior Shoulder Surgery: An Anatomic  
and Electromyographic Study**

American Society for Sports Medicine Trans-Pacific Meeting

January 23, 1991, Kauai, Hawaii

**Infraspinatus Splitting Incision in Posterior Shoulder Surgery: An Anatomic  
and Electromyographic Study**

American Shoulder and Elbow Meeting

March 10, 1991, Anaheim, California

**Infraspinatus Splitting Incision in Posterior Shoulder Surgery: An Anatomic  
and Electromyographic Study**

Western Orthopaedic Association (Los Angeles Chapter)

Phoenix, AZ, April 26, 1991

**Infraspinatus Splitting Incision in Posterior Shoulder Surgery: An Anatomic  
and Electromyographic Study**

American Academy of Orthopaedic Surgery Annual Meeting

February 25, 1992, Washington, DC

**Patella Tendon Length Changes following ACL Reconstruction using Mid-Third  
Patellar Tendon**

American Orthopaedic Society for Sports Medicine

July 9, 1991, Orlando, FL

**Frozen Shoulder: A Long-Term Follow-up**

American Academy of Orthopaedic Surgery

59th Annual Meeting

February 25, 1992, Washington, DC

**The Frozen Shoulder**

USC Alumni Faculty Meeting

USC School of Medicine  
June 22, 1991, Los Angeles, CA

**Frozen Shoulder: Evaluation and Management**

Alumni Meeting  
Hospital for Joint Diseases and Orthopaedic Institute  
October 30, 1990 New York, NY

**Baseball Batting: An Electromyographic Study**

Western Orthopaedic Association Annual Meeting  
October 1991, Tucson, AZ

**Discussor/Moderator/Lab Instructor**

**Mini-Fellowship Instructor – Shoulder**

AANA Fall Meeting  
32<sup>nd</sup> Annual Fall Meeting  
November 8-10, 2012.  
Phoenix AZ

**Master Instructor, Advanced Shoulder Course**

AANA Orthopaedic Learning Center  
Rosemont ILL  
Sept 2012

**Moderator**

Rotator Cuff Tear section  
AANA Fall Meeting  
31st Annual Spring Meeting

**Lab Co-Chair and Lab Instructor, Shoulder Section**

AANA Fall Meeting  
30<sup>th</sup> Fall Course  
November 18, 2011, Palm Desert, CA

**Lab Instructor, Knee Section**

AANA Fall Meeting  
30<sup>th</sup> Fall Course  
November 19, 2011, Palm Desert, CA

**Mini-Fellowship Instructor – Shoulder**

30<sup>th</sup> Fall Course  
November 19, 2011, Palm Desert, CA

**Mini-Fellowship Instructor – Shoulder**

29<sup>th</sup> Fall Course

November 20, 2010  
Phoenix, AZ

**Mini-Fellowship Instructor – Shoulder**

28<sup>th</sup> Fall Course  
November 20, 2009 Palm Springs, CA

**Mini-Fellowship Instructor – Shoulder**

Arthroscopy Association of North America  
27<sup>th</sup> Fall Course  
November 20, 2008 Phoenix, AZ

**Lab Instructor, Knee and Shoulder Section**

AANA Fall Meeting  
November 1-4, 2007 Orlando, FL

**Moderator**

Rotator Cuff Tear Section  
AOSSM Annual Meeting 2007  
July 14, 2007 Calgary, CA

**Co-Chairman Elbow/Wrist Session**

AANA Fall meeting  
2007 Phoenix, AZ

**Chairman, Instructor, Elbow Lab**

Arthroscopy Association of North America  
2006 Fall Course  
November 2006, Palm Desert, CA

**Co-Moderator**

Rotator Cuff Tears  
AOSSM Annual Meeting 2006  
July 1, 2006 Hershey, PA

**Chairman, Knee Lab**

AANA Annual Fall Meeting  
December 1-3, 2005 Phoenix, AZ

**Moderator**

Impingement, Rotator Cuff and Miscellaneous  
AAOS/AOSSM  
6<sup>th</sup> Annual AAOS/AOSSM Sports Medicine Course #3724  
March 9-13, 2005 Steamboat Springs, CO

**Co-Moderator**

Shoulder Problems of the Throwing Athlete

American Orthopaedic Society for Sports Medicine  
Specialty Day  
2/25/05 Washington, DC

**Moderator/Discussor**

Rotator Cuff Scientific Session  
AANA Fall Meeting  
4/22/04 Orlando, Florida

**Moderator Shoulder Symposium – Fundamentals/Adhesive Capsulitis**

AANA Fall Course  
December 2004 Palm Desert, CA

**Moderator and Reviewer, General Session**

Shoulder Cuff Repair  
AANA Annual Spring Meeting  
4/22/04 Orlando, Florida

**Chairman, Elbow Lab Course**

AANA Fall Course  
December 2004 Palm Desert, CA

**Faculty, Knee Lab**

AANA Fall Course  
November, 2003, New Orleans, LA

**Chairman, Elbow Lab Course**

AANA Fall Course  
November 2002 Palm Desert, CA

**Hip Arthroscopy: Focus demonstration Moderator**

AANA Fall Course  
November 17, 2002 Palm Springs, CA

**Knee Arthroscopy Support Faculty**

AANA Fall Course  
November 2002 Palm Springs, CA

**Shoulder Arthroscopy Support Faculty**

AANA Fall Course  
November 2000 Palm Springs, CA

**Knee Arthroscopy Support Faculty**

AANA Fall Course  
November 2000 Palm Springs, CA

**Associate Master Instructor**

The Masters Experience in Shoulder Arthroscopy  
The Orthopaedic Learning Center  
February 2000 Rosemont, IL

**Shoulder Arthroscopy Support Faculty**

AANA Fall Course  
November 1999 San Diego, CA

**Associate Master Instructor**

The Masters Experience in Shoulder Arthroscopy  
The Orthopaedic Learning Center  
March 1999 Rosemont, IL

**Assistant Instructor**

The Masters Experience in Shoulder Arthroscopy  
The Orthopaedic Learning Center  
July 20-21, 1996 Rosemont, IL

**Elbow Support Faculty**

AANA Fall Course  
November 1996 Palm Desert, CA

**Ankle Support Faculty**

AANA Fall Course  
November 1996 Palm Desert, CA

**Scientific Exhibits**

**Anterior Shoulder Repairs Using a Suture to Bone Anchor: Description of Technique and Clinical Results**

AAOS Scientific Exhibit  
March 7-11, 1991 Anaheim, CA

**Poster Exhibits**

**MRI evaluation of patellar tendon obstruction in lateral meniscus transplantation.**

**Benjamin Shaffer, MD and Matt Jenkins, MD**

**E-Poster**

**AANA 2011 Spring Meeting, San Francisco**

**Preoperative Planning in Meniscal Allograft Reconstruction: Accuracy and Reliability of X-Ray and MR Imaging**

Shaffer, Benjamin; Yao, Lawrence; Kennedy, Stuart  
American Academy of Orthopaedic Surgeons  
2/8/99 Anaheim, California

**The Use of Interference Screws in Endoscopic Anterior Cruciate Ligament Reconstruction Surgery and Pullout Strength Analysis of Different Length Tibial Tunnel Interference Screws**

Kao, John T.; Tibone, James E.; Lenihan, Michael; Shaffer, Benjamin; Cawley, Patrick; Stetson, William B.

American Academy of Orthopaedic Surgery  
1992

**Spondylolisthesis in the Elite Football Player: An Epidemiologic Study in the NCAA and NFL**

Shaffer, Benjamin; Wiesel, Sam  
Eastern Orthopaedic Association  
October 1994 Bermuda

**Resident Education Workshops:**

**Arthroscopic Meniscus Repair: The All-inside technique**

May 25, 2002 Sibley Hospital Washington, DC

**Arthroscopic Shoulder Surgery: Diagnostic and Reconstructive Arthroscopy Workshop**

6/12/99 Georgetown University Medical Center

**Arthroscopic Shoulder Surgery: Repair of the Rotator Cuff and Labrum**

2/21/98 Georgetown University Medical Center

**Videos**

**Intra-articular Calcific Tendonitis of the Shoulder: A Case Report**

Journal of Arthroscopy and Related Research  
accepted for publication 2010

**Arthroscopic Cuff Repair Dual Row Technique**

Journal of Arthroscopy and Related Research, 2009

**Lateral Meniscus transplant: Surgical Technique**

AAOS and AANA Website Technical Videos  
AAOS Orthopaedic Surgery Video Library  
2010

**Adhesive Capsulitis: Evaluation and Arthroscopic Capsular Release  
Benjamin Shaffer MD**

AAOS Orthopaedic Surgery Video Library  
Feb 2005

**Endoscopic ACL Reconstruction Using Central Third Patellar Tendon**

Shaffer, Benjamin

September 1997

**Diagnostic Arthroscopy of the Knee and Arthroscopic Anatomy**

Shaffer, Benjamin

September 1997

**Endoscopic ACL Reconstruction: A Modified Technique**

Shaffer, Benjamin; Gow, William; Lee, Y; Tibone, James E

AAOS Annual Meeting New Video Program Tape - 1993

AAOS Annual Meeting "1993 Favorites" - 1994

**Infraspinatus-splitting Approach to the Posterior Shoulder**

Pottoroff, Greg; Shaffer, Benjamin; Jobe, Frank; Tibone, James E.

AAOS Meeting, 1993

**Anterior Capsulolabral Reconstruction, Including the Mitek-Modification in the Management of Shoulder Instability**

Jobe, Frank; D'Allessandro, Don; Shaffer, Benjamin S.

AAOS Annual Meeting New Video Program Tape - 1991

AAOS Annual Meeting "1991 Favorites" -1992

**Orthopaedic Examination of the Knee**

Shaffer, Benjamin and Tibone, James E.

AAOS Annual Meeting New Video Program Tape - 1991

**Web Authored Publications**

**Baseball Injury Prevention**

From "Your Orthopaedic Connection"

American Academy of Orthopaedic Surgeons

August 2009

<http://orthoinfo.aaos.org/topic.cfm?topic=A00185>

**Knee Arthroscopy**

From "Your Orthopaedic Connection"

American Academy of Orthopaedic Surgeons

February 2008

<http://orthoinfo.aaos.org/topic.cfm?topic=A00299>

**Rotator Cuff Repair**

AANA Website

Date Published: 1/30/2009

<http://www.aana.org/members/index.aspx?tab=1&lang=English&pi=elPublic&l=1&mode=courseTopics&cid=202>

## **Service**

### **Section contributor, Sports Medicine**

Your Orthopaedic Connection

WWW.AAOS.ORG

### **Member, Technology Committee**

ASES

2006-2008

### **COI PRP Committee Member (conflict of interest program reviewer)**

AOSSM

2005 – 2007

### **Health Policy and Ethics Committee**

2008 - 2012

AOSSM

### **Volunteer Reviewer**

American Journal of Sports Medicine

Since 2005

### **Medical Director**

Department of Physical Medicine and Rehabilitation

Georgetown University Medical Center

1997, 1998

### **Faculty Advisor**

First Year Medical Students

Georgetown University School of Medicine

1994-2000

### **Faculty Representative**

Athletic Advisory Board

Georgetown University , 1994-2000

### **Head Team Physician**

Georgetown University

Athletic Department

1992 - 2000

### **Medical Center Library Committee**

Georgetown University

1994-1998

### **Science in Our Lives Symposium**



Georgetown University Medical Center  
November 16, 1996

**Patents**

Intra-articular Measurement Device (IAD) US Patent #5,702,401

Intra-articular Screw-Holder US Patent #5,688,276

**Medical Licenses**

DC #19514

Virginia #0101058254

Maryland #D0054302